



SLCOG News

Newsletter of the Sri Lanka College of Obstetricians & Gynaecologists

Volume 11, Issue 2, September 2020

AYUBOWAN.....!!!



The most striking academic event for the year is the annual scientific conference, which was rescheduled due to the battle with COVID-19, has been planned to be held from 11th to 13th December 2020. Though there will be limited participation from other countries, this will be assisted by web-based video conference, because we believe knowledge shearing is important for personal career development. Despite the current circumstances prevailing worldwide, strenuous support extended by the council made a green light for this grate event. We together wish for a successful academic programme amidst world menace corona Pandemic.

CONTENTS

Editorial	2	From the Council Chamber	11
President's Message	3	Regional activities & development	12
Academic activities during COVID-19 pandemic situation	5	Dr Lakshmen Senanayake's 75 th Birthday	13
College contributions during COVID-19 pandemic	8	Ladies Forum	14

COUNCIL 2020

PATRON

Prof. W.I. Amarasinghe

PRESIDENT

Dr. U.D.P. Ratnasiri

PRESIDENT ELECT

Dr. P.H. Pradeep de Silva

IMMEDIATE PAST PRESIDENT

Prof. Athula Kaluarachchi

SECRETARY

Dr. Harsha Atapattu

ASST. SECRETARY

Dr. M. Dewolage

Dr. Madura Jayawardene

TREASURER

Dr. Sanath Lanerolle

ASST. TREASURER

Dr. Ruwan Silva

CHAIRMAN SCIENTIFIC

ACTIVITIES & RESEARCH

Dr. Mangala Dissanayake

EDITOR

Dr. Darshana Abeygunawardena

CHAIRMAN ETHICS

Dr. Samantha Premaratne

CHAIRMAN CONTINUING

PROFESSIONAL

DEVELOPMENT

Dr. Rukshan Fernandopulle

SOCIAL ACTIVITIES

SECRETARY

Dr. Sanath Akmeemana

CHAIRMAN - EDUCATION AND

SETTING STANDARDS

Prof. C. Randeniya

CHAIRMAN - GLOBAL

RELATIONSHIPS

Prof. Tiran Dias

CHAIRMAN - REGIONAL

ACTIVITIES AND

DEVELOPMENTS

Dr. Rasika Herath

COUNCIL MEMBERS

Prof. Ramya Pathiraja

Prof. S.H. Dodampahala

Dr. Chaminda Mathota

Dr. Chaminda Kandauda

Dr. H.M.J.N. Herath

Dr. Sumith Warnasuriya

Dr. Jagath Premadasa

Dr. H.D.K. Chinthana

Dr. J.M.K.S. Jayaweera

Dr. P. Rannulu

Dr. Chandana Jayasundara

Dr. B.P.G.N. de Silva

Dr. T. Kadotgajan

Dr. U.G. Kariyawasam

Dr. Ruwan Pathiraja

Dr. Nilan Rodrigo

CO-OPTED MEMBERS

Dr. Rohana Haththotuwa

Dr. Kanishka Karunaratne

Prof. Jayantha Jayawardana

Dr. Ananda Ranatunga



Subscription information

SLJOG

**Sri Lanka Journal of Obstetrics and
Gynaecology**

ISSN 1391-7536

Subscription Rates

Individual Copy: Rs. 300

One Year Subscription

(4 Copies): Rs. 1000

**Please make the cheques payable
to: "Sri Lanka College of
Obstetricians and Gynaecologists"**

**Instructions to authors can be
downloaded from the Journal
website:
www.slkog.lk/sljog**

EDITORIAL

Amidst uncertainty in our own lives, SLCOG members did their best to look after women, those who are in need.

Most of the events scheduled were rearranged, 2nd Newsletter is going to be published despite all the obstacles. This Newsletter will give you a knowledge and a picture on what have been done by the College to fight with COVID-19 pandemic. The guideline and flyers prepared might have been helpful for you to deliver a good quality care. Membership despite the busy schedule has done a remarkable role in the process of providing technical knowledge to the COVID-19 Task Force. We as the College with the caliber available with us managed to donate PPEs to health personnel and give 24-hour assistance to helpless mothers during the COVID peak.

Creating a new chapter in the field of Obstetrics and Gynaecology our own members who are veteran in certain fields arranged webinars. I hope this was a good opportunity for us to update our knowledge.

On behalf of the council, I make use of this opportunity to give a special thank to all members who dedicatedly served during this pandemic.

Dr. Darshana Abeygunawardena

SLCOG

**No. 112, Model Farm Road
Colombo 08.**

Tel/Fax: 0112689036

E-mail: slcogoffice@gmail.com

Web: www.slkog.org

Please share

**your interesting
experiences with the
SLCOG Family through
SLCOG News**

President's Message

It is with great pleasure I write this message to the newsletter. The first three months of the year was smooth and managed without difficulties according to the proposed calendar at the beginning. However, as you all understand the COVID crisis made us to travel in a different direction with the difficult situations in the country. However, I hope the members of the council had to take immediate and various alternative measures in providing maternity care in the country without much of disturbances. During these crisis period we all had to face difficulties which we have not faced before and some of them were very challenging and difficult decisions taken with the consensus of the council. In March a safe motherhood program was conducted in Trincomalee Hospital with the perception of many senior and junior members of the College and I like to thank Dr. Rasika Herath for organizing it in a grand way and I also like to thank Dr. Darshana and Dr. Ziard two consultants in the Trincomalee hospital for providing all the support for the success.



Few members of the council met DGHS and convinced him to get Neville Fernando hospital for admitting suspected COVID patients and Colombo east hospital was selected for COVID positive pregnant mothers. All other hospitals were prepared with isolation wards for the above purposes. I like to thank the administration and our colleagues in supporting this process to make it a success in managing these mothers without any adverse outcome. We also had few meetings with the officials of the FHB and some task force meetings with DGHS and members of the other colleges. There were two emergency council meetings with zoom technology to take some important decisions. The College managed to provide personal protective equipment to the members all over the country and this distribution was done with the help of pharma companies and I like to thank them for assisting us to make it a success.

The public were educated about the provision of maternity care with alternative effective ways without making them vulnerable for increased risk of morbidity during this crisis. The College used mass media like television messages, Face Book and print media in this maneuver successfully. Clinic records were allowed to use as curfew passes with the help of the IGP during this crisis period. However, there were five maternal deaths directly related to the panic situation in the country during these 3 months period. At this moment I like to thank all those who have supported the College to maintain the uninterrupted maternity care during this period.

After initial lock down we managed to open the College premises for business as usual and conducted few webinars for the members and the post graduates. I like to thank Dr. Mangala Dissanayake for organizing and Dr. Dhammike Silva for conducting very important webinar series of laparoscopic surgeries. I hope our membership and the postgraduate trainees have gained a lot of information by listening to them. I also had great opportunity in participating in several webinars conducted by SLCOG, SAFOG, AOFOG and FIGO during this period and shown the international counter parts of our role during this period.

A meeting was held to discuss the feasibility of having a cordial relationship with RANZCOG in July and decision was made to sign a MOU with SLCOG and RANZCOG to share experience and exchanging post graduate trainees

and other important academic activities in the future. The achievement was made a success due to an initial discussion I had with current President RANZCOG Dr. Vijay Roach in London during last RCOG sessions.

In this year three guidelines, namely heart disease, liver disease complicating pregnancy and hypertensive disease in pregnancy will be revised with the participation of many college members and experts in other specialties. This will be funded by the WHO. A webinar series will be organized in association with RCOG liaison group starting from 30th August on every Sunday evening till November 2020. I cordially invite you to listen to them to acquire latest information on new subjects. Dr. Mangala Dissanayake and Dr. Rajkumar are the coordinators for the series. A safe motherhood program is scheduled to be held in early October in Monaragala and I invite the membership to participate in this program to help the periphery to improve knowledge and skills in maternity care.

The planned SAFOG-SLCOG conference in October had to be postponed due the prevailing situation and SLCOG is planning to have its annual conference in December this year at Galadari Hotel, Colombo. I invite you to participate in it actively to make it a very successful conference as there is no possibility in getting foreign speakers for the session this time. I wish you all good health and good luck.

Dr. U.D.P. Ratnasiri

President, SLCOG

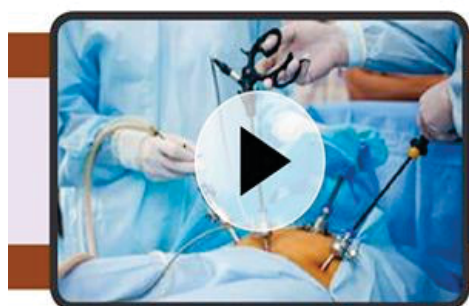
Academic activities during COVID-19 pandemic situation

1. Webinar Workshop – Gynaecological Laparoscopy in 20 Days

Started on May 7, 2020, spanning for 20 consecutive days, the programme was mainly focused on PG trainees.



Organized by Sri Lanka College of Obstetricians and Gynaecologists
In technical collaboration with Zydus



Learn in comfort from your home...

"A series of webinars that will build on the basic principles of laparoscopic surgery, surgical anatomy, electrosurgery, dissection techniques and suturing enabling participants to avoid complications and develop understanding of advanced laparoscopic procedures. Webinars include the use of recordings of all procedures and are designed to facilitate live discussion where experience, tips and tricks may be shared. A must for every Gynaecologist."

Convener – Dr. Dhammike Silva

Token of appreciation was handed over to Dr. Dhammike Silva from SLCOG for conducting the Webinar Workshop on Gynaecological Laparoscopy in 20 days.



2. Webinar Workshop – Handling the Difficult

One day workshop on “Difficulties arising in the Cessarian section” by an expert in the field Dr. U.D.P. Ratnasiri, President, SLCOG, was held as a web-based seminar on Sunday, June 07, 2020, at 7.30 p.m. The webinar was well attended with more than 200 participants.



The banner for the 'Webinar Workshop HANDLING THE DIFFICULT' features a blue header with the Sri Lanka College of Obstetricians and Gynaecologists (SLCOG) emblem on the left and the MICRO Health Care logo on the right. The title 'Webinar Workshop HANDLING THE DIFFICULT' is prominently displayed in white and yellow text. Below the title, it states 'Organized by Sri Lanka College of Obstetricians and Gynaecologists in technical collaboration with MICRO HEALTH CARE'. A portrait of Dr. U.D.P. Ratnasiri is shown on the left, with his name and credentials (MS, FRCOG, FSLCOG) listed next to him. He is identified as the 'Convener', President of SLCOG, and a Consultant Obstetrician & Gynaecologist.

3. FIGO webinar series on FIGO's Postpartum IUD Initiative

International Federation of Gynaecology and Obstetrics conducted webinar series on **FIGO's Postpartum IUD initiative** on 10th June 2020. Over the series, FIGO was joined by more than 1800 participants, from over 70 countries across the globe from six WHO regions.



The banner for the 'PPIUD Webinar Series' features a green and white color scheme. The title 'PPIUD Webinar Series' is in large green letters. Below it, the text 'Webinar 1: Three country perspectives on training and partnerships for quality PPFP services' is in purple. The date and time '10th June 2020, 10:00 BST' are highlighted in a green box. The FIGO logo is on the right, with the tagline 'the Global Voice for Women's Health'. A registration link is provided: <https://attendee.gotowebinar.com/register/9037304290119211787>. At the bottom, five portraits of the speakers are shown: Sir Professor S.Arulkumuran, Dr Anita Makins, Dr UDP Ratnasiri, Professor P. Muganyizi, and Dr Kusum Thapa.

1st Webinar of the series was “**Three country perspectives on training and partnerships for quality PPFP services**”. National member societies from Sri Lanka, Tanzania, and Nepal shared learnings on collaborative partnerships to improve PPFP/PPIUD training. Dr. U.D.P. Ratnasiri, President - SLCOG, who is also a Master Trainer of PPIUD Program represented Sri Lanka to share the Sri Lankan experience in this international arena.

4. Study day on Contraception for PG Trainees

Amidst the pandemic, situation SLCOG continued to improve knowledge of PG Trainees. Study day on Contraception was held on 08th June 2020 at the SLCOG House under the guidance of Dr. U.D.P. Ratnasiri, President of the SLCOG. It was conducted as a Web-based video conference due to the pandemic situation in the country. Dr. U.D.P. Ratnasiri, Dr. Loshan Munasinghe, Dr. Sanjeewa Godakandage, Dr. Ruwan Silva, Dr. Gamini Perera, Dr. Sanath Lanerolle participated as resource personnel.

5. Training Programme on Obstetrics Emergencies for Ninewells Hospital clinical staff

With the request of the management of Ninewells Hospital, Colombo 5, SLCOG conducted a Training Programme on Obstetric Emergencies for their clinical staff on 17th July 2020 at Ninewells Hospital Auditorium.

Dr. U.D.P. Ratnasiri, President – SLCOG, Dr. R. Prathapan, Dr. Madura Jayawardena, Dr. Prabodana Ranaweera, Dr. Sanath Lanerolle, and Dr. Rukshan Fernandopulle spent their valuable time as resource personnel. The programme was very well received by the audience.



College contributions during COVID-19 pandemic

President

Donated 400 PPEs (Personal Protective Equipment), Hood caps, N95 Masks to SLCOG membership and their relevant wards with the support of relatives and sponsors.

Discussions was held and arrangements were made to open up NFTH (Nevile Fernando Teaching Hospital), Mulleriyawa Base Hospital, KDU Teaching Hospital to facilitate perinatal care for suspected COVID-19 positive pregnant mothers and communication was done to transfer patients to above hospitals.

President and the Guideline Committee prepared a guideline for “Management of suspected and confirmed COVID-19 in pregnancy” and a flyer in all 3 languages regarding the measures of prevention of COVID-19 and what to do in emergency situation, and it was published in the SLCOG website and other social media.

SLCOG initiated a hotline for pregnant mothers to clarify their issues during this crisis period, with the help of Mobitel. Prof Athula Kaluarachchi supervised this during this period and Senior Registrars and Registrars of De Soysa Maternity Hospital (DMH) and Castle Street Women's Hospital (CSWH) contributed for this timely needed task. Hotline was published in the electronic and social media.

Initial arrangements were taken to look after the antenatal period of pregnant mothers in view of accessibility and transport feasibility.

In collaboration with Family Health Bureau, measures were taken to uplift the maternal care.

President and few other council members also participated in media briefing about care of pregnant mother during pandemic of COVID-19.

Active involvement and technical support were provided to COVID-19 Task Force in relation to issues with antenatal, intrapartum and postnatal care in this crisis situation and also about RE-OPEN strategy when the pandemic gets eased off.

We thank our members for making local preparations for prevention and isolation of suspected mothers with limited availability in their hospitals and for strengthening antenatal, intrapartum, postpartum care to minimize pregnancy related complications.



Dr. P.H.P. De Silva

President-elect Dr. Pradeep de Silva, and Prof. Hemantha Dodampahala representing the College and the National Research Council advised the COVID-19 Task Force, and emphasized the value of face masking, distancing and thermal checking, and in case of a COVID outbreak how it should be handled by the hospitals, at district level. The facts were well received and appreciated by the COVID-19 Task Force.



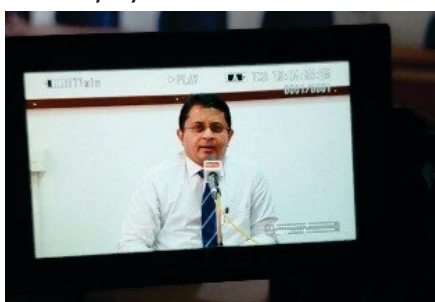
Prof. Hemantha Dodampahala

Prof. Dodampahala, Dr. Pradeep Silva together with National Research Council and Prof. Chandana Jayaratna have devised “Swaraksha” app to identify the COVID contacts and make a mechanism to allow distancing and avoid contact with COVID patients. The app was handed over to Prime Minister together with the Robot Nursing Officer at his residence.



Dr. Sanath Lanerolle

SLCOG organized its 1st news conference on COVID-19 and pregnancy in the latter part of March 2020. Dr Sanath Lanerolle participated in this news conference with Prof Hemantha Dodampahala, Dr U.D.P. Ratnasiri and Dr Pradeep De Silva. Dr Sanath Lanerolle elaborated the effect of COVID-19 on pregnant mothers which was a little-known entity by that time.



Dr Sanath Lanerole with Dr Gayan De Siilva participated in Good Morning Sri Lanka TV Derana programme to make awareness among general public.



Devotion and dedication were appreciated by the public, Dr Mayuramana is giving a remarkable service to mothers who are victims of COVID while pregnant.

[illegible]

WebCME on COVID-19 in Pregnancy in Collaboration with AOFOG

This was organized by Maternal Fetal Committee of AOFOG, on 14th June 2020 at SLCOG House. WebCME moderated by Dr Rohana Hattotuwa, Secretary General of AOFOG. Dr UDP Ratnasiri, Chairmen of Maternal Fetal Committee, AOFOG spoke on the topic “A Practical Guide to Antenatal Care in COVID-19 Pandemic”. Session was very well attended with more than 500 participants from all AOFOG countries.



From the Council Chamber

SLCOG – RANZCOG Teleconference

We are in the process of signing a MoU with RANZCOG that will enable our members to have the membership. Further this will create a more structured and logical approach to our PG trainees in training abroad.



Regional activities and development

Safe Motherhood Programme

1st annual event in the diary to promote safe quality care delivered by staff in all levels in our field was successfully organized at District General Hospital, Trincomalee on 13th March 2020. This was well attended and appreciated.

Day 01



Day 02



Upcoming Events

- Buddhist Religious Programme (Bana programme) – 27th September 2020 by Ududumbara Kashyapa Thero, at 6.30 p.m. SLCOG House.
- Safe Motherhood Programme – Monaragala – 15th - 17th October 2020.
- Annual Scientific Sessions – 11th - 13th December 2020.



Long life Dr Lakshmen Senanayake

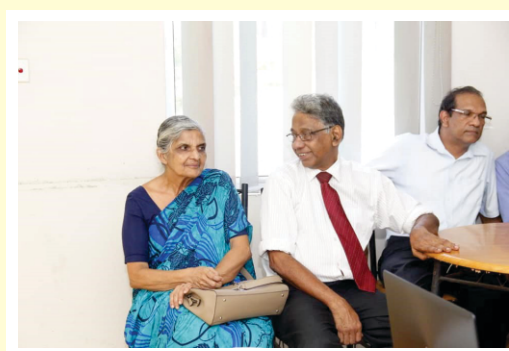
Past President – SLCOG 2007

Dr Lakshmen Senanayake, Past president and senior consultant in Obstetrics and Gynaecology celebrated his 75th birthday on 23rd August 2020. This event was organized by his trainees in Obstetrics and Gynaecology and FHB.

Dr Lakshman Senanayake studied at Maristella College, Negombo and had his undergraduate education at Faculty of Medicine Colombo.

He had his post graduate training in De Soyza Maternity Hospital Colombo. After returning from UK he was appointed as Resident Obstetrician to Nuwara Eliya.

Thereafter he served as Consultant Obstetrician and Gynaecologist in Kegalle, Watupitiwala, Panadura, Gampaha, Ragama, Colombo South Teaching Hospital, before he retired at CSWH Colombo 08. He is a well-known national and international gender base expert and above all great humanitarian. We wish him long healthy life.



Compiled by Dr Sanath Lanerolle

Ladies Forum

Message from the President of Ladies Forum

Dear Ladies and Gentlemen,

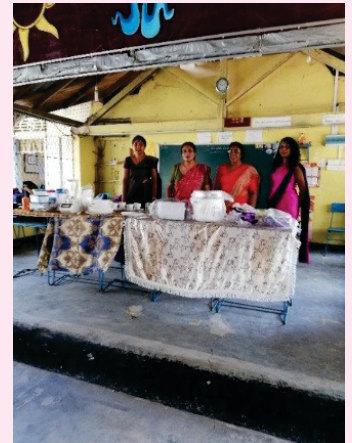
It's with great pleasure that I write this message to the newsletter after the COVID-19 outbreak in Sri Lanka. I hope that all our members are doing well and staying safe. I am proud to announce that, with great difficulty, the SLCOG Ladies Forum was able to conduct its 2nd event for the year last August at the Mullegama Maha Vidyalaya in Athurugiriya.

We visited the Mullegama Maha Vidyalaya in Athurugiriya on the 26th of August 2020. This is a mixed school with around 500 children from low-income population, with very poor resource allocation from the government. The Principal, Vice Principal and staff are in the process of uplifting the school and we are happy that we were able to help them.

We were able to donate around Rs.100,000/- worth of items to the school for the home science subject, and money for prizes for the best performing students at the next O/L examination. In addition, we were able to attend to repairs of the broken chairs which were kept at a corner of the school, thus enabling them to be used at school functions.



Principal & vice principal with one of the ladies



Ladies with donated items



Before & after the repair of chairs



I'm happy to inform about our next programme will be a "Dharma Deshanawa" by the Rev. Ududumbara Kashyapa Thero on 27th September 2020, at 6.30 p.m. at the College House, followed by "Gilanpasa Poojawa". We would like to invite you all for the event and for dinner thereafter.

Thank you,

Dr. Mrs. Kumudu Senanayake
President 2020



53rd Annual Scientific Congress

Sri Lanka College of Obstetricians & Gynaecologists

*"Empowering Women for Rightful Needs of Their Health by
Transforming Strategy in to Action"*

FIRST ANNOUNCEMENT

11th to 13th December 2020
Galadari Hotel, Colombo, Sri Lanka

**Last date for
Abstract Submission:**

11th October 2020

All speakers should be registered.
For instructions & Online Submission visit;
<http://congress.slco.org.lk/abstract2020>

**Sir Sabaratnam Arulkumaran
Young Gynaecologists Award**

Closing date for Nominations:

11th October 2020

Visit <http://congress.slco.org.lk/yga2020>
for further details

REGISTRATION

Consultants - LKR 10 000

Trainees - LKR 5 000

Registration includes participation in the
inauguration ceremony, scientific sessions including
lunch and tea.

IMPORTANT DATES

- Pre-Congress - 8th to 10th December
- Inauguration - 11th December 2020
- D.A. Ranasinghe Oration - 11th December 2020
- Young O&G Forum - 12th December 2020
- P. Dissanayake Endowment Lecture - 13th December 2020
- Dr. Nalin Rodrigo Memorial Oration - 13th December 2020

AGM & Dinner on 13th December at Hotel Galadari

MESSAGE FROM THE PRESIDENT - SLCOG



The planned annual scientific sessions of SLCOG in October in conjunction with the silver jubilee of SAFOG had to be postponed, due to the COVID-19 pandemic situation. However, the SLCOG still plans to conduct an annual scientific session in December this year adjusting to the situation of new normal.

Therefore I would like to announce the 53rd Annual Scientific Congress of the Sri Lanka College of Obstetricians & Gynaecologists will be having from 11th to 13th December 2020 at Galadari hotel, Colombo, Sri Lanka. The theme of the conference is "Empowering Women for Rightful Needs of Their Health by Transforming Strategy in to Action". I am very proud to be the President in SLCOG to have this great opportunity to organize this event. The organizing committee has already initiated the groundwork to make it a successful and thorough educational and enjoyable event with inviting the number of leading experts. The congress will be with the keynote address, two orations, several plenaries, symposia, free communications and pre-congress workshops.

As the President of Sri Lanka College of Obstetricians and Gynaecologist, I kindly invite you to participate as a resource person with your original presentations to show the SLCOG colors. I also invite most of our international colleges to share your experience with the members in the region if international travel bans are lifted by the time of December.

Dr. U.D.P. Ratnasiri

President

Sri Lanka College of Obstetricians & Gynaecologists

Conference Secretariat

No. 112, Model Farm Road, Colombo 8, Sri Lanka.

☎: +94113091745 ✉: slcogsessions2020@gmail.com

🌐: <http://congress.slco.org.lk/> f: <https://www.facebook.com/slcoofficial/>





Sri Lanka College of Obstetricians & Gynaecologists

No. 112, Model Farm Road, Colombo 08, Sri Lanka.

Tel: +94 11 26 89 036 E-mail: slcogoffice@gmail.com