



**SILVER JUBILEE SAFOG CONGRESS**  
In association with  
**55<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE**  
of the  
**Sri Lanka College of Obstetricians & Gynaecologists**

*"Enhancing Women's Health with Regional & Global Partnership"*

30<sup>th</sup> September to 2<sup>nd</sup> October 2022  
Shangri-La Hotel, Colombo, Sri Lanka.

**PROGRAMME BOOK**











# **SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS**

## **Silver Jubilee SAFOG Congress**

*In association with*

## **55<sup>th</sup> Annual Scientific Conference 2022**

*“Enhancing Women’s Health with Regional & Global Partnership”*

## **PROGRAMME BOOK**

**30<sup>th</sup> September to 2<sup>nd</sup> October 2022**  
**Shangri-La Hotel, Colombo,**

Edited by  
Dr. Sharada Jayalath







## Contents

	<i>Page</i>
Message from the Chief Guest	05
Messages from the Guest of Honours	06 - 07
Message from The Special Guest	08
Message from the President of SAFOG	09
Message from the Patron, SLCOG	10
Message from the President, SLCOG	11
Message from the President, FIGO	12
Message from the CEO, FIGO	13
Message from the President, RCOG	14
Message from the President, RANZCOG	15
Message from the President, AOFOG	16
Message from the President, FOGSI, India	17
Message from the President, SOGP, Pakistan	18
Message from the President, OGSB, Bangladesh	19
Message from the President, of NESOG, Nepal	20
Message from the President, AFSOG, Afghanistan	21
Message from the Secretary, SLCOG	22
Message from the Chairman, Organizing Committee	23
Message from the Chairman, Scientific Committee	24
Message from the Chairman of Academic Activities and Research	25
Council of SAFOG	26 - 28
Council name list of SLCOG	29
Council photo of SLCOG	30
Organizing Committee	31 - 32
Pre-Congress Workshops	33 - 43
Conference Venue	46
Inauguration Agenda	47
Detailed Programme	48 - 51
Faculty	52 - 61
Acknowledgement	62 - 63
Our Sponsors	64







## MESSAGE FROM THE CHIEF GUEST



Dear Dr. Rohana Haththotuwa, President of SAFOG, Professor Sanath Lanerolle, President of the SLCOG, the office bearers and the Council members of the two organisations and my dearest friends,

My sincere congratulations to the leaders and members of the SAFOG and the SLCOG for convening the joint conference between the SAFOG and the SLCOG to celebrate the silver jubilee of the SAFOG and 55<sup>th</sup> year of the SLCOG. The theme of the conference is ***'Enhancing Women's Health with Regional and Global Partnership'***. The conference will be an important platform to brainstorm what can be done jointly regionally and globally to tackle the Sustainable Development Goals 3 and 5. The goals of reduction of maternal mortality, reduction of deaths due to NCDs, improvement of women's health and gender equality are essential to enrich families and enhance community's wealth and health. SDG 5 of gender equality to be reached by 2030 rhymes with the Beijing declaration of Planet 50:50 made in 1995. We must strive hard to achieve this goal. If not, our generation of Professional Organisations would have failed the expectation of women.

The younger and senior generation leaders of the SAFOG and the SLCOG and the members of the diaspora from the different SAFOG countries will contribute to this discussion and debate. This meeting should result in strategies that should go a long way to achieve SDG 3 and 5 in the SAFOG countries. Plans to transform various strategies identified to action plans should be finalised at this meeting.

The topics selected for discussion would be very appropriate and the panel discussion would be by experts from different countries. Each panel should come up with working papers on the subject of discussion. Based on these papers SAFOG Country Executives should produce action plans. It is essential to take these plans and resolutions to the respective governments. These action plans could be based on short term (contraception, safe abortion care, emergency obstetric care) or long-term solutions (education, reduction of poverty, eradication of violence against women, equality for women). Government's involvement is necessary to have sustainable improvement in women's health. My humble request to the National Societies involved and individual participants is to undertake a collective and individual resolution as to what they would do differently in their practice on their return to help improve women's health and rights. Every one of us need to be involved in these activities if we want to improve on the current situation.

SAFOG countries have a significant proportion of the Global population and contribute more in absolute numbers to maternal and NCD deaths. There is a lot to be done to bring about gender equality. Please provide your best to the women and new-born's health by carrying out more volunteer work despite your busy schedule. My best wishes for you to have a successful and meaningful meeting. Most importantly plan follow up activities and execute them.

**Prof. Sir Sabaratnam Arulkumaran**  
**Past President of the RCOG, FIGO & BMA**

## MESSAGE FROM THE GUEST OF HONOUR



On behalf of the members and executive board of Asia Oceania Federation of Obstetrics and Gynaecology (AOFOG), I would like to extend my congratulations to Silver Jubilee of South Asia Federation of Obstetrics and Gynecology (SAFOG) Congress in association with 55<sup>th</sup> Annual Scientific Conference of the Sri Lanka College of Obstetrician and Gynecologists (SLCOG). I also congratulate chairmen Dr. Rohana Haththotuwa, President of SAFOG and Prof. Sanath Lanerolle, President of SLCOG for hosting this anniversary event. Founding an academic society is a very significant undertaking. However, it is not an easy task to continue the activities of the society with many countries. On the occasion of the 25<sup>th</sup> anniversary of the founding, I would like to express my sincere respect to the senior members of SAFOG who have been working energetically toward a common goal.

Now, it has been 65 years since AOFOG was founded, and many of the countries that make up SAFOG are also members of AOFOG. I would highly appreciate the attendance of SAFOG members to the 27<sup>th</sup> AOFOG Congress held in May this year in Bali, Indonesia. We were able to rekindle the excitement of our face-to-face scientific meetings and social programmes, which had been completely interrupted by the Covid-19 pandemic.

As we live with Covid -19, what should be clear is how the great ship SAFOG will sail for the next 25 years until the Golden Jubilee. It is the challenge that you have been given. There will be days when the weather is fine and calm, but there will also be times when the ship is rocked by unexpected storms. But if you are clear about your purpose, your goals, and how you are going to get there, everyone you are sailing with will help you. I am very much looking forward to SAFOG's new departure.

**Prof. Kazunori Ochiai**  
**MD, PhD**  
**Immediate Past President, AOFOG**



## MESSAGE FROM THE GUEST OF HONOUR



My congratulations to the South Asian Federation of Obstetrics and Gynecology (SAFOG), its sister national associations, and honourable members of your Silver Jubilee Anniversary.

Over the past three decades, South Asia has achieved an unprecedented 60 per cent reduction in maternal and newborn deaths. The contribution of SAFOG and UNICEF to this feat is immense.

As we celebrate our shared wins, it is equally important to focus on the grave challenges that lie ahead of us. South Asia continues to register 838,000 newborn deaths, 615,000 still births, and estimated 50,000 maternal deaths every year.

A focus on breastfeeding, for example, could save one newborn life every minute in South Asia if initiated within the first hour of birth. Obstetricians play a critical role in supporting breastfeeding through their meaningful and influential contact with mothers at the most critical times.

UNICEF looks forward to catalyzing our new partnership with SAFOG to make tangible advancements in improving the health of children and mothers in South Asia.

**Mr. George Laryea-Adjei**  
**Regional Director,**  
**UNICEF Regional Office for South Asia**



## MESSAGE FROM THE SPECIAL GUEST



It is with great pleasure that I send this message on the occasion of Sri Lanka College of Obstetricians and Gynaecologists hosting the Silver Jubilee SAFOG Congress in association with 55<sup>th</sup> Annual Scientific Conference of SLCOG.

The Sri Lanka College of Obstetricians and Gynecologists is the pioneer organization working towards women's health in Sri Lanka. I am privileged to participate as the special guest in the inauguration ceremony of this international congress.

I really appreciate the active role SLCOG played during COVID-19 pandemic in introducing vaccine for the pregnant and lactating mothers in the country under the leadership of Professor Pradeep De Silva and Professor Sanath Lanarolle. I am aware that SLCOG is also involved in continuous medical education in Sri Lanka with collaboration of international organizations such as WHO, UNICEF, FIGO, AFOG, SAFOG, RCOG, FOGSI, RANZCOG, OGSM, OGSB, OGSP etc.

I admire the dedication and commitment made by all members of the SLCOG to improve the quality of life of Sri Lankan women in collaboration with the Ministry of Health of Sri Lanka.

The theme which has been selected "Enhancing Women's Health with Regional and Global Partnership" is very appropriate to all countries in our region as we are facing an economic crisis and medical supply chain issues.

I congratulate all the international and national delegates participating in this congress and hope this will be an enjoyable, knowledge-filled experience. I also take this opportunity to warmly welcome all our friends from India, Pakistan, Maldives, Nepal, Bangladesh, United Kingdom, Australia and Malaysia for coming to Sri Lanka. I hope all of you will have a memorable, happy stay in Sri Lanka.

**Dr. Asela Gunawardena**  
**Director General Health Services,**  
**Ministry of Health, Sri Lanka.**

## MESSAGE FROM THE PRESIDENT OF SAFOG



Welcome to SAFOG SLCOG Congress 2022!

On behalf of the Executive Board and Council of SAFOG, it is my great pleasure to invite you to the Silver Jubilee SAFOG Congress in association with the 55<sup>th</sup> Annual Congress of the Sri Lanka College of Obstetricians & Gynaecologists which will be held from 30<sup>th</sup> September 2022 to 2<sup>nd</sup> October 2022 at the Shangri La Hotel, Colombo, Sri Lanka.

SAFOG is celebrating its Silver Jubilee. Initial meeting to form SAFOG was held in Colombo, Sri Lanka in 1995. The inaugural SAFOG conference was held in Lahore, Pakistan in 1995 and Prof. Rashid Latiff Khan was elected as the founder president.

This congress was originally scheduled to be held in 2021, but the unsettled COVID-19 forced us to postpone the congress to 2022. Fortunately, for us the COVID-19 state has settled in all our member countries including Sri Lanka. This has enabled the organizers to plan this congress as a hybrid event. This will allow us to participate in the conference in person and meet each other and renew our friendships after a break of many years.

In keeping with the theme of the congress *"Enhancing Women's Health with Regional & Global Partnership"*, the organizers have come up with an excellent scientific programme, not only involving experts and leaders from the region but also from around the globe. In addition, the delegates will be able to enjoy the exciting social programmes which have been planned.

I thank the president, the council and the members of the SLCOG who are working tirelessly to organize the Silver Jubilee congress on a grand scale. I appreciate the guidance and assistance given by the advisors, executive board, council members of SAFOG and our Member National Societies in organizing this mega event at such a short time in spite of the many difficulties we face. I thank in particular our external advisor Prof. Sir Sabaratnam Arulkumaran for his invaluable services and encouragement.

I invite everyone to participate in large numbers not only to enjoy the memorable conference but also to experience the scenic beauty of Sri Lanka and the warm hospitality of the friendly Sri Lankan people.

Looking forward to seeing everyone at the SAFOG Silver Jubilee Congress.

**Dr. Rohana Haththotuwa**  
**President, SAFOG**



## MESSAGE FROM THE PATRON SLCOG



It is a great privilege and pleasure for me to send a message as the current Patron of the Sri Lanka College of Obstetricians & Gynaecologists on this great occasion when the SLCOG celebrates its 55<sup>th</sup> Annual Academic Sessions this year, coinciding with the Silver Jubilee celebration of the South Asian Federation of Obstetricians & Gynaecologists. We look back in time when the Obstetricians and Gynaecologists in Sri Lanka felt the need to form an organization together with other countries in the South Asian Region with similar Socio-Economic Status and similar problems with regard to maternal care facilities and thus maternal and perinatal health as well as other aspects of women's health.

With this in mind during the academic sessions of the SLCOG held in Colombo in 1995 the then President of SLCOG late Dr. Lakshman Fernando on the suggestion of late Dr. Rohan Perera put forward the idea of developing an association consisting of the national societies of Obstetricians and Gynaecologists of the South Asian Region. This meeting was attended by senior Obstetricians & Gynaecologists of the region mainly Pakistan, India, and Sri Lanka.

Following discussions, a decision was reached to put forward the idea to other countries in the region. Bangladesh, Bhutan, Maldives and Nepal. These countries were happy to join us and work towards forming such an association. Initially, an organization called FOGSAR was formed, during the 14th AOFOG congress in Bali, Indonesia in 1996. At this meeting, a unanimous decision was reached to change the name of the organization to SAFOG and to have its headquarters in Colombo, Sri Lanka. The formation of the SAFOG provided opportunities for all the countries to discuss their individual problems with respect to maternity and perinatal care facilities as well as other aspects of women's health. From then onwards the hospitality, friendship and warmth shared by the members of the individual countries was memorable with bonds of friendship and unity among the specialists of the individual countries.

The SLCOG has grown both in the sphere of patient management as well as in achieving international recognition over the past 55 years of its existence. This has been a great pride to all of us members of the SLCOG and we hope that this relationship will continue to grow. At this special time, we are greatly honored to welcome members of the SAFOG and other international organizations to which the SLCOG belongs such as FIGO, RCOG, AOFOG to Sri Lanka and thank them very much for their participation in the conference by travelling long distances or by Zoom in order to enhance the knowledge and expertise of all the Obstetricians & Gynaecologists present in the region.

I wish the SLCOG Academic Sessions and the Silver Jubilee Congress of SAFOG every success and hope that everyone present will enjoy their stay in Sri Lanka and the beautiful scenic facilities we have to offer.

**Dr. Mrs. Marlene Abeywardena**  
**Patron, Sri Lanka College of Obstetricians & Gynaecologists**



## MESSAGE FROM THE PRESIDENT OF SLCOG



I am pleased to send this message on the occasion that SLCOG is hosting the Silver Jubilee Congress of SAFOG with the 55<sup>th</sup> Annual Academic Session of SLCOG. During the last 55 years, SLCOG has done tremendous work to improve the welfare and uplift women's health in Sri Lanka. Due to the great effort of SLCOG, maternal mortality has been reduced to 29 per 100,000 live births in the year 2021. Today SLCOG is the flag bearer and setting standards for the other professional colleges to follow.

The theme of the congress, *"Enhancing Women's Health with Regional & Global Partnership,"* was carefully chosen to look back at 55 years of SLCOG and 25 years of SAFOG. It is a great pleasure for SLCOG to host the Silver Jubilee of SAFOG. I also take this opportunity to thank FIGO, AOFOG, UNICEF, WHO, and UNFPA, who agreed to participate in this grand congress in various ways to make this congress a historical academic feast.

I would like to extend my special thanks to Prof. Sir Sabaratnam Arulkumaran and Dr. Rohana Haththotuwa for organizing this event internationally. I extend my sincere thanks to Prof. Pradeep De Silva, Prof. Hemantha Dodampahala, Prof. Rukshan Fernandopulle, Prof. Rasika Herath, Dr. Wasantha Galappaththy, Dr. Mangala Dissnayake and Dr. Ruwan Silva for their outstanding effort in organizing this congress. I'll be failing in my duty if I don't appreciate Dr. Sharada Jayalath for excellent editorial work.

I assure you that you will not be disappointed by the academic atmosphere of the congress, the warm hospitality and the ambience of Colombo. Sri Lanka offers several tourist attractions for those who can spend extra days. Please join the conference and get enriched by the science, culture and friendship of Sri Lanka.

I wish all the success for the congress.

**Prof. Sanath Lanerolle**  
**President, SLCOG**

## MESSAGE FROM THE PRESIDENT FIGO



South Asian Federation of Obstetrics and Gynaecology (SAFOG) Silver Jubilee Congress in association with the 55<sup>th</sup> Annual Scientific Conference of Sri Lanka College of Obstetricians and Gynaecologists (SLCOG).

On behalf of The International Federation of Gynecology and Obstetrics, our heartfelt congratulations to the South Asian Federation of Obstetrics and Gynaecology (SAFOG) in celebrating your Silver Jubilee. FIGO is comprised of over 130 member societies, and SAFOG has always represented the goals and global interests at its core. FIGO is the Global Voice of Women's Health, but that voice is only as strong as member societies. Within SAFOG you have amplified the FIGO message with shared work, shared goals, shared needs and most certainly an understanding of how to go further to improving women's health across Asia, and, by example, around the world. Shared experiences make for stronger messaging. FIGO believes that change comes most effectively when we share experiences and knowledge, so that we can all grow. Every opportunity I have to join a SAFOG meeting I see the enthusiasm and dedication - I see the love you all have for one another, your communities and, most importantly, the women we serve.

**Dr. Jeanne Ann Conry**  
**MD, PhD**

**President, The International Federation of Gynecology and Obstetrics**



## MESSAGE FROM THE CEO FIGO



It is my great honour and pleasure to contribute a few words to this Souvenir Brochure, both as an individual and as CEO of FIGO.

SAFOG is an active and productive organisation, and the membership includes many countries that are valuable members of FIGO. I have visited South Asia regularly over the last 10 years and have always been impressed with the standard of care the Obstetricians and Gynaecologists provide for the women they look after. There is dedication and an exemplary work ethic throughout the region in order to achieve the best results even under difficult circumstances.

The many meetings I have attended are full of useful information and everyone will have the opportunity to learn and participate. I am delighted to be present here in person to see many friends old and new.

**Prof. Mary Ann Lumsden**  
**FRCOG, FACOG, FCPSB, MD**  
**CEO, FIGO**  
**Prof. of Gynaecology and Medical Education, University of Glasgow**



## MESSAGE FROM THE PRESIDENT RCOG



Dear Dr. Rohana Haththotuwa, President of SAFOG, Professor Sanath Lanerolle, President of the SLCOG, the Council and the Members of SAFOG and SLCOG,

I would like to extend my sincere congratulations personally, and on behalf of RCOG, to SAFOG on its Silver Jubilee and my warm wishes for the SAFOG Jubilee Congress in association with the 55<sup>th</sup> Annual Scientific Conference of the Royal College of Obstetricians and Gynaecologists.

Our thoughts our very much with our Sri Lankan colleagues and we are heartened that through this congress you are able to provide support to doctors in Sri Lanka and the wider region.

We hope that RCOG's work in the region will continue to complement the work of SAFOG and the national organisations, and we look forward to further developing our strong relationship with SAFOG and SLCOG to improve the health of women and girls globally.

Best wishes

**Mr. Edward Morris**  
**MD, PRCOG**  
**President, RCOG**

## MESSAGE FROM THE PRESIDENT RANZCOG



On behalf of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) family, may I extend heartfelt congratulations to the South Asian Federation of Obstetrics and Gynaecology (SAFOG) on the occasion of its Silver Jubilee Congress and to the Sri Lanka College of Obstetricians and Gynaecologists (SLCOG) for its 55<sup>th</sup> Annual Scientific Meeting.

Please accept my apology for being unable to attend in person.

Our members across Australia and New Zealand value the opportunity to work with our colleagues in SAFOG and SLCOG and are keen to strengthen ties with the growing community of those working in women's health across Asia and Oceania.

As we come to grips with the post-pandemic world, let's re-emphasise the value of cooperation and exchange. We all benefit from close relationships and strong, combined advocacy for our members and their patients across our part of the world.

Through memoranda of understanding, RANZCOG is progressing closer ties with many societies and associations of obstetrics and gynaecology. We will be working with our immigration authorities to simplify and streamline observership opportunities for overseas fellows and trainees.

We are also considering opening our extensive educational resources, via affiliate membership of our college to members of similar organizations in our region.

To SAFOG and SLCOG Community, please enjoy your meeting and the networking opportunities it provides. Do also consider engaging with your professional organizations to be part of your team and help guide our professions' future in your home countries.

Best wishes from RANZCOG!

**Dr. Benjamin Bopp**  
**President, RANZCOG.**

## MESSAGE FROM THE PRESIDENT AOFOG



On behalf of AOFOG, I would like to send my heartfelt welcome to all participants and warmest congratulations to the South Asian Federation of Obstetrics and Gynaecology (SAFOG) Silver Jubilee Congress in association with the 55<sup>th</sup> Annual Scientific Conference of Sri Lanka College of Obstetricians and Gynaecologists (SLCOG). I truly wish I could be there to see you all and witness the success of the Congress and the Conference in person. For 25 years, SAFOG has proved to be one of the most active professional federations which has dedicated itself to solve some of the challenges and issues concerning women's health in South Asian countries.

We have an exciting program at this conference that will allow members to reflect upon, strengthen friendships, extend our networks, and jointly explore current and future research directions. I hope that you will have a productive and fun-filled time at this very special conference.

**Prof. Pisake Lumbiganon**  
**MD, MS (Penn), FRCOG (ad eundem)**  
**President, AOFOG**



## MESSAGE FROM THE PRESIDENT FOGSI



Dear Friends,

It gives me immense pleasure inviting you all to the South Asian Federation of Obstetrics and Gynaecology (SAFOG) silver jubilee congress in Association with 55<sup>th</sup> Annual Scientific conference of Sri Lanka College of Obstetrician and Gynaecologists (SLCOG), the theme of the conference is *'Enhancing Women's health with regional and global partnership'*.

FOGSI as an integral part of SAFOG, with the theme FOGSI For All Always & DHEERA Stop Violence Against Women works towards reaching the SDG goals pertaining to women's health, preparing to face the challenges, concentrating on the specific problems towards women's health, reproductive health issues to reduce the maternal morbidity and mortality by applying innovations and implementation of protocols in clinical practice.

This congress is an excellent academic platform to update knowledge and for strengthening the capacity. The goal is to empower each and every woman by motivating obstetricians and gynaecologists to work towards overall health of women at all stages to provide quality of life. One more important responsibility is to End Violence Against Women and Gender Equality.

Hoping to see you soon!!!

With regards,

**Dr. S. Shantha Kumari**  
**President, FOGSI**  
**Treasurer, FIGO**

## MESSAGE FROM THE PRESIDENT SOGP, PAKISTAN



I feel honored to write message for Souvenir book of SAFOG Congress Colombo Sri Lanka.

On behalf of SOGP (Society of Obstetricians and Gynecologists) many congratulations to Professor Rohana Haththotuwa, President SAFOG, Professor Sanath Lanerolle, President SLCOG, Chairman organizing committee, Chairman scientific committee and their team for wonderful Congress in Colombo Sri Lanka.

In this congress there are presenters from all over the world, who will share their scientific & research work on the subject of Obstetrics and Gynaecology.

SOGP is the oldest specialists professional body of Pakistan. There are around 4000 life members. It has 30 subchapters all over Pakistan. SOGP is a member organization of SAFOG for the last 25 years. A large number of delegates from Pakistan are attending this congress. There are invited lectures, free papers and SOGP scientific session as part of active representation from SOGP.

Vision of SOGP is to promote excellence in practice of Obstetrics and Gynaecology and to safeguard the health and rights of women and newborn in Pakistan.

MMR and PNMR like other South Asian countries is alarmingly high. Main causes of maternal deaths are PPH and eclampsia. We need to address these issues in collaboration with international organizations.

I wish you all an enjoyable and productive SAFOG Congress in Colombo Sri Lanka.

**Prof. Azizunnisa Abbasi**  
**FRCOG, MRCOG, FCPS, DGO, MCPS**  
**President, SOGP**



## MESSAGE FROM THE PRESIDENT, OBSTETRICAL & GYNAECOLOGICAL SOCIETY OF BANGLADESH (OGSB)



South Asian Federation of Obstetrics and Gynaecology (SAFOG) reflects the collective thoughts of South Asia. South Asia is the southern region of Asia, which is meant in both geographical and ethno-cultural terms. The region consists of the countries of Afghanistan, Bangladesh, Bhutan, India, Maldives, Nepal, Pakistan, and Sri Lanka. Topographically, it is defined by the Bay of Bengal, Arabian Sea and Indian Ocean on the south; and the Himalayas, Karakoram, and Pamir mountains on the north. The Amu Darya, which rises north of the Hindu Kush, forms part of the northwestern border. On land (clockwise), South Asia is bounded by Western Asia, Central Asia, East Asia, and Southeast Asia. The socio-cultural environment on the basis of economic status, culture and customs, religion, empowerment of women makes some difference, but the disease profile and provision of medical care services are more or less similar.

As obstetricians and gynaecologists we are responsible for the health and rights of women. It is implied.

We, as SAFOG, may work together consistently, may work with these challenges, so that the women of SAFOG region can live with their heads held high and live-in peace and happiness.

The theme of the Silver Jubilee conference is *'Enhancing Women's Health with Regional and Global Partnership'* is inspiring and it will strengthen our aspirations and commitments in celebrating a glorious and successful Golden jubilee after twenty five years from today.

Long live SAFOG!

**Prof. Ferdousi Begum**

**President, Obstetrical & Gynaecological Society of Bangladesh (OGSB)**

## MESSAGE FROM THE PRESIDENT OF NESOG, NEPAL



Dear Distinguished Colleagues,

Warm greetings from the members of NESOG, Nepal.

First of all, I extend my sincere gratitude to all SAFOG family including all previous presidents, office bearers and senior members for taking SAFOG to its height. I extend best wishes to all distinguished international delegates including representatives of FIGO, AOFOG, SAFOG, South Asia and other countries who are attending this Silver Jubilee SAFOG congress in Association with the 55<sup>th</sup> Annual Conference of SLCOG which is being hosted by SLCOG in Colombo. We also extend best wishes to all national delegates who are participating in this conference. We sincerely hope that everyone will get the opportunity of exchanging academic knowledge and skills through deliberations and presentations during this conference.

SAFOG provides a common platform for all its members to interact and exchange scientific knowledge, share skills and communicate for their professional growth and development. However, SAFOG needs to grow and develop as an institution that can undertake various educational and research projects apart from public health/reproductive health programs.

With warm regards,

**Prof. Ganesh Dangal**  
**President, Nepal Society of Obs/Gyn**



## MESSAGE FROM THE PRESIDENT AFSOG



It gives me great pleasure to send this message to the programme book as the President of the Afghanistan Society of Obstetricians & Gynaecologists of with the theme of "*Enhancing Women's Health with Regional and Global Partnership*". It is really appropriate to the present scenario of the World Maternity Care.

This will be a unique conference where we celebrate Silver Jubilee of SAFOG in affiliation with 55<sup>th</sup> Annual Academic Session of SLCOG. The huge number of foreign delegates attending this conference indicates the enthusiasm and interest of the Obstetricians & Gynaecologists in our part of the world.

I wish for a very successful Silver Jubilee celebration Session.

**Dr. Najmussama Shefajo**  
**President, AFSOG**

## MESSAGE FROM THE SECRETARY SLCOG



It gives me great pleasure to welcome all of you to this academic festival of the Sri Lanka College of Obstetricians & Gynaecologists, which celebrates the golden milestone of the college promoting women's health for the past 55 years.

The SLCOG was established on 15<sup>th</sup> December 1967. Since then, the college has grown in stature, and I am proud to have been associated with its progress.

This indeed is a unique conference where the global fraternity of obstetricians and gynaecologists, namely WHO, ACOG, RCOG, RANZCOG, EBCOG, FOGSI, OGSM, FIGO, AOFOG & SAFOG are participating and sharing their wealth of knowledge.

The large number of delegates attending this conference indicates the enthusiasm and interest that obstetricians and gynaecologists of today have in sharing knowledge. An elaborate and packed scientific programme has been prepared for the conference spanning over three days starting from the 30<sup>th</sup> of September 2022.

The theme of this year's conference is *“Enhancing Women’s Health with Regional & Global Partnership”*, and this is the pinnacle of academic activities under the presidency of Prof. Sanath Lanerolle.

We are confident that the delegates and faculty of this conference will both have a pleasant and fruitful interaction.

We will consider the efforts of the organizing team worthwhile if all the participants find the deliberations useful, make new and lasting friendships and have an enjoyable stay in the pearl of the Indian Ocean, Sri Lanka.

May this festival of academics share the light of scientific knowledge!

**Dr. Chaminda Mathota**

**Hon. Secretary, SLCOG**



## MESSAGE FROM THE CHAIRMAN ORGANIZING COMMITTEE



It gives me great pleasure to convey this message for the Silver Jubilee SAFOG conference in association with 55th Annual Scientific Congress of Sri Lanka College of Obstetricians and Gynaecologists. I am delighted to welcome all the participants and speakers to this international congress which will be held from 30<sup>th</sup> September to 2<sup>nd</sup> October 2022 in Colombo.

This year the conference focuses on *“Enhancing Women’s Health with Regional & Global Partnership”*. The Scientific Congress includes several pre- and post-congress workshops, plenary sessions, symposia, SAFOG and SLCOG Young Gynaecologist Award sessions, orations and free paper presentations. Even though participation of overseas speakers physically will be limited due to the present situation in the country, the scientific committee made all the arrangements to bring the latest knowledge in research and innovation in the field of global women’s health into the congress. I am happy to announce that delegates from SAFOG and AOFOG countries have already confirmed their participation for this landmark event.

Organizing committee is very happy to welcome and provide all the local hospitality at a very reasonable rate for the delegates from Asia and other countries. It is probably the best time to travel and enjoy the wonderful Sri Lanka.

**Dr. Mangala Dissanayake**  
**Chairman, Organizing Committee**

## MESSAGE FROM THE CHAIRMAN SCIENTIFIC COMMITTEE



The Silver jubilee congress of SAFOG and 55<sup>th</sup> Annual Academic Sessions of SLCOG in partnership plans a gala academic program in the vibrant city of Colombo from 30<sup>th</sup> September to 2<sup>nd</sup> October 2022.

A galaxy of eminent resource personnel are attending this gala congress. A wide range of topics addressing key areas on women's health issues are covered. The SAFOG region has many common health issues. The gathering of global and regional experts in the respective subject area will add their valuable strategies to uplift women's health. A platform is thus created to find answers to controversies in the field of Obstetrics and Gynaecology. CPD points will be allocated for participants to enable them to fulfill their academic responsibilities.

It is my privilege to organize the scientific program with global and regional partnership to have a positive impact on enhancing clinical outcomes and health indices of women and offspring. Several pre-congress workshops are lined up and attendance will have a positive impact on quality of health care in the region and country. Hope the delegates reap the maximum benefit to upgrade the professionalism and skills in the specialty. Hope you enjoy your academic and social interactions in Colombo.

**Prof. Rukshan C. Fernandopulle**  
**Chairman, Scientific Committee**



## MESSAGE FROM THE CHAIRMAN OF ACADEMIC ACTIVITIES AND RESEARCH



It is with great pride and honour that I pen this message as the Chairman of Academic Activities and Research of SLCOG on the occasion of 55<sup>th</sup> Annual Scientific Sessions of the Sri Lanka College of Obstetricians and Gynaecologists.

As a pioneer organization in empowering clinical excellence in the specialty in the country, we have taken steps to widen our horizon to a global scale by collaborating with South Asian Federation of Obstetricians and Gynecologists (SAFOG) for their silver jubilee scientific conference.

With the theme of *“Enhancing Women’s Health with Regional & Global Partnership”* we appreciate the importance of global relationships in achieving scientific excellence and optimal patient care.

The committee on academic activities has prepared an interesting, academic program for the event, including, four orations, guest lectures, symposia and free communications. I sincerely hope this would be a stepping-stone to mold the young minds to be equipped with knowledge in order to win the quest of being a better clinician. Further, I presume the event will be a good platform to showcase findings by both local and international researchers.

Though the Covid-19 pandemic has taken a toll on the field of obstetrics and gynaecology as well as research, I hope these sessions would generate momentum to move forward in dissemination of scientific research.

It is my privilege and pleasure to warmly welcome you all to seize this valuable opportunity to walk with us towards scientific advancement. I am confident that this will be a stimulating and interesting academic event.

**Prof. Rasika Herath**  
**Chairman, Academic Activities and Research**

## South Asian Federation of Obstetrics and Gynaecology Council 2021 - 2023

### Executive Committee

#### President:



Dr. Rohana Haththotuwa, Sri Lanka

#### President Elect:



Dr. Shyam Desai, India

#### Imm. Past President:



Prof. Ferdousi Begum, Bangladesh

#### Vice Presidents:



Prof. Lubna Hasan, Pakistan



Prof. Kusum Thapa, Nepal



Prof. Rowshan Ara Begum, Bangladesh

#### Director International Relation



Prof. Narendara Malhotra, India

#### Treasurer:



Dr. U.D.P. Ratnasiri, Sri Lanka

#### Secretary General:



Prof. Yousaf Latif, Pakistan

#### Deputy Secretary General



Prof. Farhana Dewan, Bangladesh

#### Assistant Secretary General:



Prof. Sanath Lanerolle, Sri Lanka



**Advisors:**



Prof. Rashid Latif Khan,  
Pakistan



Prof. AHM T.A. Chowdhury,  
Bangladesh



Prof. Sudha Sharma,  
Nepal



Prof. Farrukh Zaman,  
Pakistan



Prof. A.B. Bhuiyan,  
Bangladesh



Prof. Harsha Seneviratne,  
Sri Lanka



Prof. Alokendu Chatterjee,  
India



Prof. Ashma Rana,  
Nepal



Prof. Rubina Sohail,  
Pakistan

**External Advisor:**

**Editor, SAFOG:**

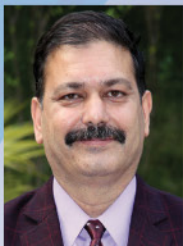


Prof. Sir Sabaratnam Arulkumaran, UK



Dr. Jaideep Malhotra, India

### Committee Chairs:



Clinical Research & Good Practice Committee:  
Prof. Ganesh Dangal, Nepal



Reproductive Endocrinology Committee:  
Prof. Rashida Begum, Bangladesh



Gynae Endoscopy Committee:  
Prof. Laila Arjumand Banu, Bangladesh



Guidelines Development Committee:  
Dr. Mangala Dissanayake, Sri Lanka



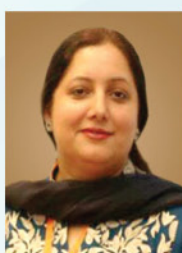
Imaging Science Committee:  
Dr. Archana Baser, India



Maternal & Perinatal Health Committee:  
Prof. Sadia Ahsan Pal, Pakistan



NCD Committee:  
Prof. Padam Raj Pant, Nepal



WSSR Committee:  
Dr. Asifa Nasreen, Pakistan



Gynaecological Oncology Committee:  
Dr. Aliya Aziz



Education Committee:  
Dr. Parul Kotdawala

### Ad-hoc Committees:



Constitution Review Committee:  
Prof. Farrukh Zaman, Pakistan



Covid -19 Advisory Committee:  
Dr. Hemantha Perera, Sri Lanka



## SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS COUNCIL-2022

Patron	Dr. Mrs. Marlene Abeyewardena
President	Prof. Sanath Lanerolle
President Elect	Prof. S.H. Dodampahala
Immediate Past President	Prof. Pradeep De Silva
Secretary	Dr. Chaminda Mathota
Assistant Secretaries	Dr. B.P.G.N. De Silva / Dr. Upul Gamage
Hon. Treasurer	Dr. Darshana Abeygunawardena
Asst. Treasurer	Dr. G.R.C. Silva
Chairman Scientific Activities & Research	Prof. Rasika Herath
Editor	Dr. Wasantha Galappaththy
Chairman Continuing Professional Development	Dr. S.P. Akmeemana
Chairman Ethics	Dr. Sumith Warnasuriya
Social Activities Secretary	Prof. Nishendra Karunaratne
Chairman - Education And Setting Standards	Dr. Mangala Dissanayake
Chairman - Global Relationships	Prof. C. Randeniya
Chairman - Regional Activities and Developments	Prof. T. Kadotgajan

### ***Council Members***

Prof. H. M. J.N. Herath	Dr. Rajeev Vithanage	Dr. Shemoon Marleen
Dr. U.G. Kariyawasam	Dr. Sudath Senaratne	Dr. Punsiri Gunatilleke
Prof. Tiran Dias	Dr. S.N.K. Rodrigo	Dr. C. D. Ekanayake
Dr. M. Dewolage	Dr. S.P.R.P. Pathiraja	Dr. Chandana Jayasundera
Prof. M. Nawaz Jiffry	Dr. Dinuka Lankeshwara	Dr. H. D. K. Chintana
Dr. A. Sritharan	Dr. Achintha Dissanayake	

### ***Co-opted Members***

Dr. Ananda Ranatunga	Dr. Lakshman Senanayake	Dr. U. D.P. Ratnasiri
----------------------	-------------------------	-----------------------



## Sri Lanka College of Obstetricians & Gynaecologists Council 2022



**Seated Left to Right** – Dr. Chaminda Mathota- *Hony. Secretary*, Dr. Nishendra Karunaratne- *Editor*, Prof. C. Randeniya - *Chairman Global Relationship*, Dr. U.D.P.Ratnasiri - *Co-opted Member*, Dr. Pradeep De Silva - *Immediate Past President*, Prof. W.I. Amarasinghe - *Patron*, Prof. Sanath Lanerolle - *President*, Dr. (Mrs.) Marlene Abeyewardana - *Patron Elect*, Prof. S.H.Dodampahala - *President Elect*, Dr. Ananda Ranathunga - *Co-opted Member*, Dr. T. Kadotgajan - *Chairman Regional Activities and Developments*, Dr. P.M. Dissanayake - *Chairman Education and Setting Standards*, Dr. Sumith Warnasuriya - *Chairman Ethics*, Dr. Darshana Abeygunawardena - *Hony. Treasurer*

### **Standing Left to Right-**

Dr. B.P.G.N. De Silva- *Assistant Secretary*, Dr. Dinuka Lankeshwara - *Council Member*, Prof. Rasika Herath- *Chairman Scientific Activities and Research*, Dr. Manoj Withanatantrige - *Assistant Secretary*, Dr. C.D. Ekanayake- *Council Member*, Dr. Rajeev Vithanage- *Council Member*, Dr. A. Sritharan- *Council Member*, Dr. S.N.K. Rodrigo- *Council Member*, Dr. Chandana Jayasundara- *Council Member*, Dr. H.M.J.N. Herath- *Council Member*, Dr. S.P.Akmeemana - *Chairman Continuing Professional Development*, Dr. G.R.C. Silva- *Assistant Treasurer*, Dr. Mayuramanna Dewolage - *Council Member*, Dr. Chinthana Hapuchchige- *Council Member*, Dr. Sudath Senaratne - *Council Member*



## ORGANIZING COMMITTEE

Patron	Dr. (Mrs) Marlene Abeyewardena	
Co-Chairmen	Dr. Rohana Haththotuwa	Prof. Sanath Lanerolle
Vice Chairmen	Prof. Alokendu Chattergee	Prof. H.S. Dodampahala
	Prof. Pradeep De Silva	
Board of Advisors (SAFOG)	Prof. Rashid Latiff Khan	Prof. T A Chowdhurry
	Prof. Sudha Sharma	Prof. Farroukh Zaman
	Prof. A. B. Bhuiyan	Prof. H. R. Seneviratne
	Prof. Asma Rana	
(SLCOG)	Dr. Ananda Ranathunga	Dr. Lakshmen Senanayake
	Dr. Gamini Perera	Dr. Ajitha Wijesundara
	Dr. M. D. P. Gooneratne	
(International)	Prof. Sir Sabaratnam Arulkumaran	

## ORGANIZING COMMITTEE

Chairman	Dr. Mangala Dissanayake	
Vice Chairman	Dr. Shyam Desai	Dr. Sanath Akmeemana
General Secretary	Prof. Yousaf Latiff	Dr. Chaminda Mathota
Asst. Secretaries	Prof. Farhana Dewan	Dr. Gayan De Silva
Treasurer	Dr. U. D. P. Ratnasiri	Dr. Dharshana Abeygunawardena

## SCIENTIFIC COMMITTEE

Chairman	Dr. Rukshan Fernandopulle	
Co Chairman	Prof. Rubina Sohail	Prof. Rasika Herath
Co Editors	Prof. Jaydeep Malhotra	Prof. Hemantha Dodampahala
	Prof. Pradeep De Silva	Dr. Wasantha Galappaththy
	Dr. Sharada Jayalath	

SUB COMMITTEES

International Organizations

Dr. Kusum Thapa

Inauguration

Dr. Mangala Dissanayake

Dr. Sudath Senarathne

Prof. T. Kadotgajan

Dr. Punsiri Kamal Gunathilake

Registration

Dr. Dinuka Lankeshwara

Dr. Jagath Herath

Dr. A Sritharan

Publications

Dr. Chanil Ekanayake

Dr. Chandana Jayasundara

Souvenirs

Dr. (Mrs) Shemoon Marleen

Dr. Ruwan Pathiraja

Accommodation & Transport

Dr. Achintha Dissanayake

Banquet

Dr. (Mrs) Marlene Abeyewardena

Dr. Romanie Fernando

Website/ Audio Visuals

Dr. Chaminda Mathota

Dr. Rajeev R Vithanage

Tours

Dr. Nilan Rodrigo

Dr. Nawaz Jiffry

Trade & Exhibition

Prof. Sanath Lanerolle

Prof. Nishendra Karunaratne

Dr. Ruwan De Silva

Publicity

Prof. Nishendra Karunaratne

Prof. Narendra Malhotra





## SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS

### Silver Jubilee SAFOG Congress

*In association with*

### 55<sup>th</sup> Annual Scientific Conference 2022

*“Enhancing Women’s Health with Regional & Global Partnership”*

## PRE-CONGRESS WORKSHOPS

# Pre Congress Workshop - 01



SILVER JUBILEE SAFOG CONGRESS  
IN ASSOCIATION WITH  
55<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE  
OF THE  
SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS



"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"

## PRE-CONGRESS WORKSHOP

# OPTIMIZING SAFETY IN LABOUR



27<sup>th</sup> September



8.30 AM - 3.15 PM



SLCOG - AUDITORIUM



8.00 am - 8.20 am - Registration

8.20 am - 9.00 am - Introduction to the Labour Care Guide  
(The New Partogram)

9.10 am - 9.50 am - CTG - The evidence-based approach to  
interpretation

9.50am - 10.10am - Tea

10.10 am - 10.50 am - Instruments - Vacuum delivery

11.00 am - 11.40 am - Instruments - Forceps delivery

11.50 am - 12.30 pm - Respectful maternal care and labour ward Ethics

12.40 pm - 1.20 pm - PPH - Evidence-based management

1.20 pm - 1.50 pm - Lunch

1.50 pm - 3.15 pm - Instruments - Hands on training

## RESOURCE PERSONS



**DR. CHANDANA  
JAYASUNDARA**  
(SENIOR LECTURER IN  
OBS AND GYNE,  
SRI LANKA)



**DR. MOHAMED  
RISHARD**  
(SENIOR LECTURER IN  
OBS AND GYNE, COLOMBO,  
SRI LANKA)



**DR. PRABHODANA  
RANAWEEERA**  
(SENIOR LECTURER IN  
OBS AND GYNE, COLOMBO,  
SRI LANKA)



**DR. DILUK  
SENADEERA**  
(CONSULTANT OBSTETRITIAN  
AND GYNAECOLOGIST,  
SRI LANKA)



**DR. INDUNIL  
PIYADIGAMA**  
(CONSULTANT OBSTETRITIAN  
AND GYNAECOLOGIST,  
SRI LANKA)



**DR. ACHINTHA  
DISSANAYAKE**  
(CONSULTANT OBSTETRITIAN  
AND GYNAECOLOGIST,  
SRI LANKA)



SPONSORED BY





## Pre Congress Workshop - 02



SILVER JUBILEE SAFOG CONGRESS  
IN ASSOCIATION WITH  
55<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE  
OF THE  
SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS



*"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"*

# TIPS OF LAPAROSCOPIC SUTURING

27<sup>th</sup> SEPTEMBER 8.30AM - 1.30PM

SURGICAL TRAINING LABORATORY  
DEPARTMENT OF SURGERY, NHSL



Consultants  
Senior Registrars  
3<sup>rd</sup> & 2<sup>nd</sup> year Registrars

Time	Topic
8.30 am - 8.45 am	Introduction to the workshop
8.45 am - 9.15 am	Basic principles in laparoscopic suturing <ul style="list-style-type: none"><li>- Getting a needle into the abdomen</li><li>- Handling the needle</li><li>- Knotting</li><li>- Selecting suitable instruments for suturing</li></ul>
9.15 am - 9.45 am	Laparoscopic suturing – demonstration
9.45 am - 10.00 am	Tea break
10.00 am - 1.30 pm	Hands on session



**PROF. RASIKA  
HERATH**  
(PROFESSOR IN OBSTETRICS  
AND GYNAECOLOGY,  
SRI LANKA)

### RESOURCE PERSONS



**DR. KUMARA  
DISSANAYAKE**  
(SENIOR LECTURER IN  
OBS AND GYNE,  
SRI LANKA)



**DR. SUMUDU  
KUMARAGE**  
(SENIOR LECTURER IN  
SURGERY,  
SRI LANKA)



**DR. CHAMINDA  
MATHOTA**  
(CONSULTANT OBSTETRITIAN  
AND GYNAECOLOGIST,  
SRI LANKA)

**SPONSORED BY**

**Sunshine Medical Devices  
(Johnson and Johnson)**



## Pre Congress Workshop - 03



SILVER JUBILEE SAFOG CONGRESS  
IN ASSOCIATION WITH  
55<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE  
OF THE  
SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS

"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"

**PRE-CONGRESS WORKSHOP**

**NOVEL AVENUES OF ADVANCED  
GYNAECOLOGICAL LAPAROSCOPY**

 **28<sup>th</sup> September**  **8.00 AM - 4.00 PM**  **UNIVERSITY HOSPITAL  
KDU - THEATRE COMPLEX**

8.00 am - 8.30 am	Talk – Energy Devices in Laparoscopy Dr. Madura Jayawardane
8.30 am - 10.00 am	Live Surgery – Total Laparoscopic Hysterectomy for Frozen Pelvis Dr. R. Modi
10.00 am - 10.30 am	Dealing with Complications in Laparoscopy Dr. R. Modi
10.00 am - 10.30 am	Tea Break
10.30 am - 12.00 pm	Live Surgery – Laparoscopic Adenomyomectomy (Aqua dissection technique) Dr. R. Modi
12.00 pm - 12.30 pm	Lunch
12.30 am - 2.00 pm	Live Surgery – Laparoscopic Ovarian Cystectomy (Endometrioma) without Cautery Dr. R. Modi
2.00 am - 2.30 pm	Talk – Exploring the Unknown through Keyhole Dr. Kumara Dissanayake
2.30 am - 4.00 pm	Live Surgery – Total Laparoscopic Hysterectomy – The Basics Dr. R. Modi



**PROF. SANATH  
LANEROLLE**  
PRESIDENT SLCOG  
CONSULTANT  
OBSTETRICIAN &  
GYNAECOLOGIST

**DR. KUMARA  
DISSANAYAKE**  
SENIOR LECTURER  
IN OBSTETRICS AND  
GYNAECOLOGY,  
SRI LANKA

**DR. RAJESH  
MODI (INDIA)**  
CONSULTANT  
GYNAECOLOGIST,  
ENDOSCOPIC AND  
ROBOTIC SURGEON

**DR LALITH  
SAMARAWICKRAMA**  
SENIOR LECTURER  
IN OBSTETRICS AND  
GYNAECOLOGY,  
SRI LANKA

**DR. MADURA  
JAYAWARDANE**  
(SENIOR LECTURER  
IN OBSTETRICS AND  
GYNAECOLOGY,  
SRI LANKA)

REGISTRATION FEES  
(LOCAL PARTICIPANTS)  
(FOREIGN PARTICIPANTS)  
**REGISTER VIA -** +94113091745 / +94 - 779678787  
No. 112, Model Farm Road, Colombo 08, Sri Lanka

CONSULTANTS 5000 LKR  
PG TRAINEES 2000 LKR  
**50 USD**



**SPONSORED BY**  
**MERVYNSONS** **Medtronic**  
COMPLETE HEALTHCARE  
Engineering the extraordinary



## Pre Congress Workshop - 04



SILVER JUBILEE SAFOG CONGRESS  
IN ASSOCIATION WITH  
55<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE  
OF THE  
SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS



"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"

### PRE-CONGRESS WORKSHOP

## ENHANCING RESPECTFUL MATERNITY CARE



28<sup>th</sup> September



8.00 AM - 12.00 PM



SLCOG GROUND FLOOR  
AUDITORIUM

8.00 am - 8.30 am

Registration



8.30 am - 8.50 am

Introduction to respectful Maternity Care and current status in Sri Lanka

Dr. Mohamed Rishard - Senior Lecturer in Obs and Gyne, University of Colombo



9.00 am - 9.20 am

Respectful maternity care: Buddhist perspective

Ven Aludeniye Subhodi Thero



9.30 am - 10.00 am

"You can do better: A mother's experience at a state hospital"

Mrs. Dhananjie Padmaperuma

10.00 am - 10.30 am

Tea Break



10.30 am - 11.00 am

Challenges and barriers faced by the care providers in improving the quality of care

Mrs. Chamila Ranathunga, Sister-in-charge, ward 03, DMH



11.00 am - 11.30 am

"The way forward"

Prof. Hemantha Senanayake, Emeritus Professor

11.30 am - 12.00 pm

Discussion






- Medical Undergraduates and postgraduates
- Intern Medical Officers/Medical Officers
- Nursing Officers
- Midwifery Officers
- Any other interested party








## Pre Congress Workshop - 05




SILVER JUBILEE SAFOG CONGRESS  
IN ASSOCIATION WITH  
55TH ANNUAL SCIENTIFIC CONFERENCE  
OF THE  
SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS

"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"


### SAFOG ONCOLOGY COMMITTEE WORKSHOP ON Elimination of Cervical Cancer: Joining the WHO Initiative "Together We Can"

 29th SEPTEMBER  8.00 AM - 1.00 PM  SLCOG GROUND FLOOR  
AUDITORIUM


**Guest of Honour: Dr. S. Shantakumari**  
**Chief Guest: Dr. Rohana Haththotuwa**




**Dr. Rohana Haththotuwa**  
President



**Dr. Yousouf Latif Khan**  
Secretary General



**Dr. Aliya B Aziz**  
Chairperson  
Oncology Committee



**Dr. Bhagyalaxmi Nayak**  
Co Chairperson  
Oncology Committee

#### Learning objectives:

At the end of the workshop the participant should be able to:

- Acquire evidence-based knowledge about primary prevention of cervical cancer by HPV vaccination and screening.
- Manage precancerous cervical cancer lesions and make treatment decisions for invasive cervical cancer.
- Should be able to perform LEEP, thermal ablation, cryotherapy and do colposcopy with handheld colposcope.

#### Workshop Program:

8.00 am - 8.05 am - Welcome address: Dr. Rohana Haththotuwa

8.05 am - 8.15 am - Pretest : Kahoot based

8.15 am - 9.00 am - HPV Vaccination: Recent evidence-based guidelines *Dr. Aliya Begum Aziz*  
Panelists - Dr. Krishnendu Gupta, Dr. Niranjan Chavan, Dr. Samanthi Premaratne

9.00 am - 9.45 am - Screening for cervical cancer: New WHO guidelines *Dr. Tahira Yasmeen*  
Panelists - Dr. Bhagyalaxmi Nayak, Dr. Sabera Khatoon, Dr. Farhana Dewan

9.45 am - 10.30 am - Management of screen positives  
Panelists - Dr. Yapa Wijeratne, Dr. Aliya Begum Aziz, Dr. Uzma Chishti,  
Dr. Bhagyalaxmi Nayak

10.30 am - 10.45 am - Tea break

10.45 am - 11.30 am - Management of Cervical Cancer

- Step by step Radical Hysterectomy *Dr. Bhagyalaxmi Nayak*  
Panelists - Dr. Kanishka Karunaratne, Dr. Ferdousi Begum
- Radiotherapy in Cervical Cancer *Dr. Sabera Khatoon*  
Panelists - Dr. Rubina Sohail, Dr. Madhuri Patel
- Palliative Care *Dr. Sujeewa Weerasinghe*  
Panelists - Dr. Lubna Hassan, Dr. Ugyen Tshomo


11.30 am - 12.30 pm - Hands on sessions - 4 Stations

- Thermal Ablation *Dr. Bhagyalaxmi Nayak, Dr. Sabera Khatoon*
- Cryotherapy *Dr. Tahira Yasmeen, Dr. Yapa Wijeratne*
- LEEP *Dr. Aliya Aziz, Dr. Samanthi Premaratne*
- Augmented VIA (Smartscope) *Dr. Uzma Chishti, Dr. Ugyen Tshomo*

12.30 pm - 12.45 pm - Posttest : Kahoot based

12.45 pm - 1.00 pm - Vote of thanks and certificate distribution

**TARGET AUDIENCE**  
Consultants  
Doctors  
Nursing Officers  
Midwifery Officers



**Registration Fee**  
Local Consultants 5000 LKR  
PG Trainees 2000 LKR  
Foreign Participants 50 USD

**Register Via**  
+94 113091745

**No. 112, Model Farm Road,  
Colombo 08,  
Sri Lanka.**



# Pre Congress Workshop - 06



**SILVER JUBILEE SAFOG CONGRESS**  
IN ASSOCIATION WITH  
**55TH ANNUAL SCIENTIFIC CONFERENCE**  
OF THE  
**SRI LANKA COLLEGE OF OBSTETRICIANS  
& GYNAECOLOGISTS**

*"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"*

**REDEFINING  
POSTPARTUM HAEMORRHAGE MANAGEMENT  
FOR FRONTLINE OBSTETRIC  
HEALTHCARE PROVIDERS**

**29th September**  
**8.00 AM – 1.00 PM**  
**NEW TOWN HALL AUDITORIUM, GREEN PARK**

**Initiative of Safe Motherhood committee of FOGSI  
and Maternal and Perinatal Committee  
SAFOG in association with SLCOG**

**COORDINATORS –  
DR PRITI KUMAR – CHAIRPERSON SAFE MOTHERHOOD COMMITTEE  
FOGSI – (INDIA)  
DR ACHINTHA DISSANAYAKE (SLCOG)**



SAFOG  
SOUTH ASIAN FEDERATION  
OF OBSTETRICS & GYNAECOLOGY  
• 1996



SAFE  
MOTHERHOOD  
COMMITTEE  
FOGSI

Time	Topic	Speaker
8.00 am – 8.28 am	Registration	
8.28 am – 8.30 am	Welcome by Sri Lanka College of Obstetricians and Gynaecologists	Dr Achintha Dissanayake
8.30 am – 8.35 am	Inauguration	
8.35 am – 8.38 am	Blessing by Chief Guest SAFOG President	Prof Rohana Haththotuwa
8.38 am – 8.42 am	Address by Chairperson Maternal and Perinatal Committee SAFOG	Dr. Priti Kumar, Chairperson Safe Motherhood Committee FOGSI
8.42 am – 8.45 am	Objective of Workshop	
<b>Session 1 – Expert – Dr SP Jaiswar / Dr Lalith Samarawickrama (SLCOG)</b>		
8.45 am – 9.00 am	Prediction & Prevention of PPH	Dr Achintha, SLCOG
9.00 am – 9.15 am	Identification of PPH	Dr Meera, FOGSI
9.15 am – 9.35 am	PPH EMC using Bundle Approach	Dr Priti Kumar, FOGSI
9.35 am – 9.45 am	QUIZ 1	Dr Anupam, FOGSI
<b>Session 2 – Expert – 2 Dr Chinthaka Banagala / Dr P G Jayasundara (SLCOG)</b>		
9.45 am – 10.00 am	Non-Clinical Components of PPH EMC	Dr Nivedita, FOGSI
10.00 am – 10.15 am	Use of NASG	Prof Sadiha Ahsan Pal
10.15 am – 10.30 am	QUIZ 2	Dr Meeta FOGSI
10.30 am – 12.00 pm	Hands On Training	Table 1 – Dr SP Jaiswar / Dr Meera
	NASG (2 Tables)	Table 2 – Dr Meera/ Dr Vertika / Dr Chinthaka Banagala
	Bimanual Uterine Compression and Aortic Compression	Dr Nivedita/ Dr Anupam/ Dr P G Jayasundara
	ESM UBT	Dr Priti Kumar/ Dr Lalith Samarawickrama
	Vote of Thanks	

**REGISTRATION FEES  
(LOCAL PARTICIPANTS)**

**CONSULTANTS 5000 LKR**

**PG TRAINEES 2000 LKR**

**REGISTRATION FEES  
(FOREIGN PARTICIPANTS)**

**50 USD**

**REGISTER VIA – +94113091745**  
**No. 112, Model Farm Road, Colombo 08, Sri Lanka**

**JEEVANDHARA SRI LANKA**

**SAFE MOTHERHOOD COMMITTEE FOGSI**



**DR PRITI KUMAR**  
CD CHAIRPERSON  
SAFE MOTHERHOOD COMMITTEE FOGSI  
MATERNAL AND PERINATAL COMMITTEE OF SAFOG



**DR MEERA LAKHTARIA**  
MEMBER  
SAFE MOTHERHOOD COMMITTEE FOGSI



**DR UVA JAISWAL**  
MEMBER  
SAFE MOTHERHOOD COMMITTEE FOGSI



**PROF S P JAISWAR**  
DEPARTMENT HEAD OF  
OBSTETRICS AND GYNAECOLOGY  
KUMAR LUCKNOW



**DR NIVEDITA**  
MEMBER  
SAFE MOTHERHOOD COMMITTEE FOGSI



**DR ANUPAM SINGH**  
MEMBER  
SAFE MOTHERHOOD COMMITTEE FOGSI



**PROF SADIHA AHSAN PAL**  
MEMBER  
SAFE MOTHERHOOD COMMITTEE FOGSI



**PROF ROHANA HATHTHOTUWA**  
PRESIDENT SAFOG  
MATERNAL AND PERINATAL COMMITTEE OF SAFOG  
SRI LANKA



**DR LALITH SAMARAWICKRAMA**  
SENIOR LECTURER IN OBSTETRICS AND  
GYNAECOLOGY  
SRI LANKA



**DR P G M JAYASUNDARA**  
CONSULTANT IN OBSTETRICS AND GYNAECOLOGY  
SRI LANKA



**DR CHINTHAKA BANAGALA**  
CONSULTANT IN OBSTETRICS AND GYNAECOLOGY  
SRI LANKA



**DR ACHINTHA DISSANAYAKE**  
CONSULTANT IN OBSTETRICS AND GYNAECOLOGY  
SRI LANKA



## Pre Congress Workshop - 07



SILVER JUBILEE SAFOG CONGRESS  
IN ASSOCIATION WITH  
55<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE  
OF THE  
SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS



"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"

# FETAL MEDICINE WORKSHOP

📅 29<sup>th</sup> September ⌚ 8.00AM - 1.30PM 📍 SLCOG Auditorium

Time	Topic
8.00 am - 8.45 am	Importance of first trimester ultrasound scan
8.15 am - 9.15 am	Live demonstration 1
9.15 am - 10.00 am	Prediction of late pregnancy complications during first trimester
10.00 am - 10.30 am	Tea
10.30 am - 11.15 am	Common fetal anomalies
11.15 am - 11.45 am	Live demonstration 2
11.45 am - 12.45 pm	Disease specific fetal surveillance - Rhesus isoimmunization - Fetal growth restriction - Diabetes mellitus
12.45 pm - 1.30 pm	Disease specific fetal surveillance

### RESOURCE PERSONS

Prof. Tiran Dias  
Professor in Fetal medicine  
Sri Lanka



Dr Gowrishankar Paramasivam  
Consultant in Fetal Medicine & Interventional Fetology  
Consultant Radiologist with subspecialism in Fetal MRI  
India



Dr Shemoon Marleen  
Consultant Obstetrician & Gynaecologist  
Sri Lanka



Consultants  
Senior Registrars  
3<sup>rd</sup> & 2<sup>nd</sup> year Registrars



Registration Fee  
Local Consultants 5000 LKR  
PG Trainees 2000 LKR  
Foreign Participants 50 USD

Register Via  
+94 113091745  
No. 112, Model Farm Road,  
Colombo 08, Sri Lanka

SPONSORED BY PYRAMED  
INTERNATIONAL PVT LTD



# Pre Congress Workshop - 08



## SILVER JUBILEE SAFOG CONGRESS IN ASSOCIATION WITH 55<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE OF THE SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS



"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"

### PRE-CONGRESS WORKSHOP

## VAGINAL SURGERY; WHAT'S NEW? HANDLING DIFFICULT SITUATIONS



29<sup>th</sup> September



8.00 AM - 2.00 PM



DURDANS HOSPITAL  
AUDITORIUM

Coordinated by -



Dr. Kawita Bapat  
Vice President FOGSI 2021-22



Dr. Diluk Senadeera  
Consultant Obstetrician and Gynaecologist, Sri Lanka



8.00 am - 9.00 am Audio Visual Session with live surgery with four separate cases



9.00 am - 9.20 am Vaginal Hysterectomy as day care surgery with discussion  
Dr. Kawita Bapat - Vice President FOGSI 2021-22



9.20 am - 9.40 am Role of detail Ultra Sound screening before Non-decent Vaginal Hysterectomy  
Dr. Jyoti Karande - Consultant Obstetrician and Gynaecologist, India



9.40 am - 10.00 am How to deal with big fibroids in Non-decent Vaginal Hysterectomy  
Dr. Vyomesh Shah - Consultant Obstetrician and Gynaecologist, India



10.00 am - 10.15 am Tea Break



10.15 am - 10.35 am Tackling difficult situation in Non-decent vaginal hysterectomy  
Dr. Anil Sakhre - Consultant Obstetrician and Gynaecologist, India



10.35 am - 11.00 am Removal of adnexae and adnexal masses in Non-decent vaginal hysterectomy  
Dr. Mukesh Rathi - Consultant Obstetrician and Gynaecologist, India



11.00 am - 12.00 pm How to use electro surgery in Non-decent Vaginal Hysterectomy  
Dr. Manik Gurram - Consultant Obstetrician and Gynaecologist, India



11.20 am - 11.40 am Lefortes operation  
Dr. Saraogi - Senior Consultant Obstetrician and Gynaecologist, India



11.40 am - 12.00 pm Golden Stitch in perineorrhaphy  
Dr. Vyomesh Shah - Consultant Obstetrician and Gynaecologist, India



12.00 pm - 12.20 pm Managing ectopic pregnancy by vaginal route  
Dr. Kawita Bapat - Vice President FOGSI 2021-22



12.20 pm - 12.40 pm Pre and Post-operative care in vaginal surgeries  
Dr. Richa Patel Narkhede - Consultant Obstetrician and Gynaecologist, India



12.40 pm - 1.00 pm Fothergills repair  
Dr. Anil Sakhre - Consultant Obstetrician and Gynaecologist, India



1.00pm Lunch

REGISTRATION FEES  
(LOCAL PARTICIPANTS)  
(FOREIGN PARTICIPANTS)

CONSULTANTS 5000 LKR  
PG TRAINEES 2000 LKR  
50 USD

REGISTER VIA -

+94 - 113091745 / +94 - 779678787  
No. 112, Model Farm Road, Colombo 08, Sri Lanka

SPONSORED BY

D  
DURDANS  
HOSPITAL



# Pre Congress Workshop - 09



**SILVER JUBILEE SAFOG CONGRESS**  
IN ASSOCIATION WITH  
**55TH ANNUAL SCIENTIFIC CONFERENCE**  
OF THE  
**SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS**




*"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"*

**PRE - CONGRESS WORKSHOP ON**  
**Training of Master Trainers**  
**on Postpartum Hemorrhage**  
**Emergency Response Using**  
**Bundle Approach**

 **29th September**

 **8.30 AM - 4.00 PM**

 **SLCOG Skills Laboratory**

**Workshop Program**

<p>8.30 am - 9.00 am</p> <p>9.00 am - 9.30 am</p> <p>9.30 am - 9.45 am</p> <p>9.45 am - 10.15 am</p> <p>10.15 am - 10.30 am</p> <p>10.30 am - 10.45 am</p> <p>10.45 am - 11.45 am</p> <p>11.45 am - 1.15 pm</p> <p>1.15 pm - 2.00 pm</p> <p>2.00 pm - 2.15 pm</p> <p>2.15 pm - 3.00 pm</p> <p>3.00 pm - 3.30 pm</p> <p>3.30 pm - 4.00 pm</p>	<p>Inaugural Session</p> <p>The PPH Emergency Response</p> <p>Respectful Maternity Care</p> <p>Approach to the Critically Ill Patient &amp; Massive Blood transfusion</p> <p>Tea Break</p> <p>Introduction of Skills Stations</p> <p style="padding-left: 20px;">Uterine Balloon Tamponade (UBT)</p> <p style="padding-left: 20px;">Non-Pneumatic Anti-Shock Garment (NASG)</p> <p>Skills Station: UBT, NASG and Aortic Compression (PPH)</p> <p>Overview of Non-Clinical Modules</p> <p style="padding-left: 20px;">Teamwork and Communication</p> <p style="padding-left: 20px;">Facility Readiness</p> <p style="padding-left: 20px;">Network Integration</p> <p style="padding-left: 20px;">Leadership</p> <p style="padding-left: 20px;">Data, Monitoring and Quality Improvement</p> <p>Lunch</p> <p>Learning from Stimulations (Video &amp; Discussion)</p> <p>Skills Station: Simulations</p> <p>Facilitating Simulations</p> <p>Experience Sharing: Implementing PPH Emergency Care</p>
--	--



Consultants  
PG Trainees



**RESOURCE PERSONS**



Prof. Ferdousi Begum  
Professor of Obstetrics  
and Gynecology  
Bangladesh



Prof. Rubina Sohail  
Professor of Obstetrics  
and Gynecology  
Pakistan



Prof. Sayeba Akhter  
Professor of Obstetrics  
and Gynecology  
Bangladesh



Dr. Rohana Haththotuwa  
President  
SAFOG



Prof. Kamrun Nessa  
Professor in Obstetrics  
and Gynecology  
Bangladesh



Prof. Farhana Dewan  
Professor in Obstetrics  
and Gynecology  
Bangladesh



Dr. Priti Kumar  
Consultant Obstetrician  
and Gynecologist  
India



Dr. Poonam Shivkumar  
Consultant Obstetrician  
and Gynecologist  
India



Stephanie M. Hansel  
USA

**Registration Fee**

Local Consultants	5000 LKR
PG Trainees	2000 LKR
Foreign Participants	50 USD

**Register Via**

+94 113091745

No. 112, Model Farm Road,  
Colombo 08, Sri Lanka

**SPONSORED BY**

**SUNPHARMA PVT LTD**



# Pre Congress Workshop - 10



**SILVER JUBILEE SAFOG CONGRESS**  
IN ASSOCIATION WITH  
**55TH ANNUAL SCIENTIFIC CONFERENCE**  
OF THE  
**SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS**

*"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"*

**ICOE SAFOG CAESAREAN SECTION WORKSHOP**  
IN COLLABORATION WITH  
**OBSTETRICAL AND GYNAECOLOGICAL SOCIETY OF MALAYSIA**



**29<sup>th</sup> September**



**8.00 AM - 5.00 PM**



**LANKA HOSPITAL AUDITORIUM**

Limited to **21 participants**  
Divided in to **3 groups (A, B, C)**



- Consultants

- PG Trainees

07:30	Registration								
08:00	Pre-Skills Assessment								
09:00	Introduction / Welcome Note								
09:15	Lecture 1 - Complicated Caesarean Section								
09:30	Lecture 2 - Safe Surgery								
09:45	Breakout 1								
Room	1	2	3						
Skills	incisions	Fetal Malpresentations	Uterine compression						
09:45	A	B	C						
10:10	C	A	B						
10:35	B	C	A						
11:00	Tea Break								
11:15	Breakout 2								
Room	1	2	3						
Skills	Extended tears	Second Stage	Placenta previa /accrete						
11:15	A	B	C						
11:40	C	A	B						
12:05	B	C	A						
12:30	Break								
13:30	Skills Assessment								
Skills	1	2	3	4	5	6			
Skills	Incisions	Uterine Tears	Abnormal Lies	Lynch Sutures	Second Stage	Devascularisation			
13:30	A								
13:50	B								
14:10	C								
14:30	VIDEO on Category 1 caesarean								
14:45	Feedback								
15:00	Closing remarks								



**PROF. NISHENDRA KARUNARATNE**  
(PROFESSOR IN OBS AND GYNE, SRI LANKA)



**DR. U.D.P. RATNASIRI**  
(CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST, SRI LANKA)



**DR. THANEEMALAI JEGANATHAN**  
(SENIOR LECTURER IN OBS AND GYNE, COLOMBO, SRI LANKA)



**DR. YONG SOON LEONG**  
(CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST, MALAYSIA)



**DR. ZARIDAH BT SHAFFIE**  
(CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST, MALAYSIA)

**DR. NINA LAU LEE JING**  
(CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST, MALAYSIA)

**MR. BASKERAN BALAKRISHNAN**  
(SMITECH)



**REGISTRATION FEES**  
(LOCAL PARTICIPANTS)  
(FOREIGN PARTICIPANTS)

**CONSULTANTS 5000 LKR**  
**PG TRAINEES 2000 LKR**  
**50 USD**

**REGISTER VIA - +94 - 113091745**

No. 112, Model Farm Road, Colombo 08, Sri Lanka







# **SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS**

## **Silver Jubilee SAFOG Congress**

*In association with*

## **55<sup>th</sup> Annual Scientific Conference 2022**

*“Enhancing Women’s Health with Regional & Global Partnership”*

## **SCIENTIFIC CONGRESS**

Conference Venue  
**Shangri-La Hotel, Colombo**  
1 Galle Face, Colombo 2, Sri Lanka. +94 11 788 8288





## **Silver Jubilee SAFOG Congress in association with Inauguration of the 55<sup>th</sup> Annual Scientific Congress**

**30<sup>th</sup> September 2022 at 5:30 p.m.**

**at Lotus Ballroom, Shangri-La Hotel**

### **INAUGURATION**

- 5.35 p.m. Arrival of Guests of Honour
- 5.40 p.m. Arrival of the Chief Guest
- 5.45 p.m. Ceremonial Procession
- 5.50 p.m. Traditional lighting of the oil lamp
- 6.00 p.m. National Anthem
- 6.05 p.m. Welcome address - ***Prof. Sanath Lanerolle President - SLCOG***
- 6.10 p.m. Presentation of SAFOG President Medal
- Presentation of SAFOG Past President Medal
- 6.15 p.m. Address by the President SAFOG - ***Dr. Rohana Haththotuwa***
- 6.25 p.m. Report by the Secretary General, SAFOG - ***Prof. Yousaf Latif***
- 6.35 p.m. Address by the Special Guest - ***Dr. Asela Gunawardena***
- 6.45 p.m. Address by the Guest of Honour - ***Prof. Kazunori Ochiai***
- 6.55 p.m. Address by the Guest of Honour - ***Dr. George Laryea-Adjei***
- 7.05 p.m. Message by ***Prof. Neena Raina, Director FGL, SEARO - WHO***
- 7.15 p.m. Address by the Chief Guest - ***Prof. Sir Sabaratnam Arulkumaran***
- 7.30 p.m. Awarding of Fellowships
- 8.10 p.m. Dr. Rohana Haththotuwa Inaugural Oration
- Prof. Sir Sabaratnam Arulkumaran***
- 8.55 p.m. Vote of Thanks
- Dr. Chaminda Mathota, Hony. Secretary, SLCOG***
- 9.00 p.m. Procession leaves the hall

## Detailed Programme - 2022

### DAY 01 | SCIENTIFIC PROGRAMME | 30TH SEPTEMBER 2022

TIME	HALL – A (LOTUS BALLROOM)	HALL – B (LOTUS BALLROOM)	HALL – C (LOTUS BALLROOM)	HALL – D
7.45 AM – 8.45 AM	"FREE PAPERS 6"	"FREE PAPERS 12"	"FREE PAPERS 18"	"FREE PAPERS 24"
9.00 AM - 9.45 AM	<b>"D. A. RANASINGHE ORATION"</b>			
9.45 AM - 10.15 AM	"From radical to conservative; a decade of evolution of surgical management of placenta accreta" By Dr U D P Ratnasiri"			
10.15 AM - 10.45 AM	<b>"KEY NOTE ADDRESS"</b>			
10.45 AM - 11.00 AM	Enhancing Partnerships for Universal Health Coverage, Primary Health Care and the SDGs in South Asia" By Dr. Rene Ekpin ,Regional Advisor Health,			
11.00 AM - 12.00 PM	<b>"PLENARY LECTURE 1"</b>			
12.00 PM - 1.00 PM	"Molecular basis of Diabetes." by Prof Pradeep De Silva (Immediate Past President SLCOG)			
Tea break & Poster Viewing				
11.00 AM - 12.00 PM	<b>GUEST LECTURE 1,2,3</b> Global Clinical Guidelines: Challenges in practice - Dr Madhuri Patel  Why complications occur in Laparoscopy - Dr: Laila Arjumand Banu  Dheera - "No to violence against Women" - Prof. Shantha Kumari	<b>GUEST LECTURE 4,5,6</b> Late onset FGR Diagnostic Dilemmas - Dr. Ayesha Malik  Novel concepts in pre term labour - Prof. Dr. Mahbuba Akter Banu  Practices and possibilities of Evidence Based Medicine in Obstetrics and Gynaecology Dr: Shabreen Naz	SLCOG – YGA (5)	SAFOG COUNCIL MEETING
12.00 PM - 1.00 PM	<b>GUEST LECTURE 7,8,9</b> Genital TB in India - Dr S P Jaiswar Prevention of endometriosis - Dr T. Ramani Devi  FOGSI's way forward for Cervical Cancer elimination - Dr Priya Ganesh Kumar	<b>GUEST LECTURE 10,11,12</b> Postpartum Intrauterine Contraceptive Uptake - Dr. Azra Ahsan  Maternity care to minimise future NCD - Prof. Kohinoor Begum  Novel concepts in Pre eclampsia - Prof. Dr Sohana Siddique	SAFOG – YGA (6)	
Lunch & Poster Viewing				
1.00 PM – 2.00 PM	<b>SYMPOSIUM O &amp; G Society of Malaysia - ICOG</b>			
2.00 PM - 3.00 PM	<b>SYMPOSIUM - FOGSI Session</b> "Place of vaginal surgery in the era of laparoscopy" - Dr: Kawita Bapat, V.P. FOGSI "Liver disorders in Pregnancy" - Dr: Bipin Pandit, V. P. FOGSI "ART of communications of adverse outcomes in Obstetric practice" - Dr: Madhuri Patel	<b>GUEST LECTURE 13,14,15</b> Environmental factors in Infertility - Prof. Rashida Begum Fertility Preservation - Prof. Mariam Faruqui Revisiting recurrent Pregnancy loss - Prof. Sehereen Farhad Siddiqua	Virtual Training of Trainers for SAFOG: The background and lessons learnt? - Dr Thaneemalai Jegannathan Analysis of Virtual Training of Trainers - Dr Yong Soon Leong, Dr Zaridah Bt Shaffie Panel Discussion; Open access and collaboration - the impetus for Obstetric training	FREE PAPERS 30



3.00 PM - 4.00 PM	<p><b>SYMPOSIUM - UNICEF Session</b>  <b>"THINK NUTRITION FIRST"</b>          Preparing adolescents for wellness ;          think nutrition first - Dr Rowshan Ara Begum          Managing GDM with Medical nutrition therapy          - Dr Hema Divakar          Post-delivery advice on Nutrition ; new mom          new baby - Dr Farhana Deewan          Call to action for Obstetricians &amp; Gynaecologists ;          Think nutrition first - Dr Abner Elkan Daniel</p>	<p><b>GUEST LECTURE 16,17,18</b>          Menopause, breast cancer and HRT          - Dr. Edward Morris (Virtual)          Understanding chronic unexplained          pelvic pain - Dr Suchitra Pandit          Perimenopausal bleeding-Role of          Hysteroscopy - Dr Parul Kotadawala</p>	<p><b>SYMPOSIUM</b>  <b>SAFOG Maternal &amp; Perinatal Health committee</b>  <b>SAVING MOTHERS &amp; BABIES - LEARNING</b>  <b>FROM LARGE MULTICENTER STUDIES</b>          Honorable Guests -          Prof Rashid L Khan, Prof T A Chowdhury</p>	
4.00 PM - 4.15 PM		Tea break & Poster Viewing		
<b>DAY 02   SCIENTIFIC PROGRAMME   1ST OCTOBER 2022</b>				
	<b>HALL - A</b> (LOTUS BALLROOM)	<b>HALL - B</b> (LOTUS BALLROOM)	<b>HALL - C</b> (LOTUS BALLROOM)	<b>HALL - D</b>
7.45 AM - 8.45 AM	FREE PAPERS 36	FREE PAPERS 42	FREE PAPERS 48	FREE PAPERS 54
9.00 AM - 9.30 AM	<b>PLENARY LECTURE 2</b> "What have we learned from the COVID-19 pandemic and what should we do next?" - By Prof. Kazunori Ochiai (Immediate Past President AOFOG)			
9.30 AM - 10.00 AM	<b>PLENARY LECTURE 3</b> "Cesarean Section rates In South Asia-A tragedy ; What can SAFOG do? - by Dr Rohana Haththotuwa ( SAFOG President )			
10.00 AM - 10.45 AM	<b>PROF RASHID LATIF KHAN ORATION</b> - By Prof. Ferdousi Begum			
10.45 AM - 11.00 AM	<b>Tea break &amp; Poster Viewing</b>			
11.00 AM - 12.00 PM	<p><b>GUEST LECTURE 19,20,21</b>          Endocrine Disruptors &amp; Fertility          - Dr Jaideep Malhotra          Challenges in management of GDM          - Dr. Sheuli Kamrunnagar          Uncommon ectopic pregnancies- Challenges          in the management - Dr. Hiralal Konar</p>	<p><b>GUEST LECTURE 22,23,24</b>          Aesthetic &amp; Regenerative Gynaecology          - Dr Narendra Malhotra          Tranexemic Acid &amp; PPH: Alternative          Routes - Prof. Muhundhan          Non-Clinical Component of PPH          Bundle: An innovation to improve          the Outcome - Dr Farhana Dewan</p>	<p><b>GUEST LECTURE 25,26,27</b>          "Role of Progesterone in Threatened Miscarriages"          - Prof Sir Sabaratnam Arulkumaran          "Consensus statements for assessment,          evaluation and management of threatened          miscarriage during the first          trimester in Pakistan" - Dr Sadia Ahsan Pal          "First Trimester Screening" - Dr Ais alatif Khan</p>	FREE PAPERS 60
12.00 PM - 1.00 PM	<p><b>SYMPOSIUM - UNFPA Session</b>          "Intimate Partner Violence in Pregnancy"          Intimate partner Violence (IPV) : An Overview          - Dr Lakshmen Senanayake          IPV in pregnancy: Devastating consequences          - Dr. Sarada Hemapriya          Lessons learnt in addressing IPV: Experiences          from India - Dr. Shantha Kumari, President FOGSI          Lessons learnt in addressing IPV: Experiences          from Thailand - Prof. Unnop Jaisamran          Lessons learnt in addressing IPV: Experiences          from Sri Lanka - Dr. Netanjali Mapitigama</p>	<p><b>GUEST LECTURE 28,29,30</b>          Damage- Control surgery for major          Obstetric Hemorrhage - Prof. Dr. Tazeen          Abbas -Secretary General SOGP          PPH: Role of UBT          - Prof. Syeba Akhter          Placenta Adhesive Spectrum Disorder          - Prof. Fatema Rahman</p>	<p><b>SYMPOSIUM</b>  <b>MANYATA ; Panel Discussion</b>          Panelists: Dr. Shanta Kumari, Dr. H.D. Pai,          Dr. Jaideep Malhotra,          Dr. Samita Bharadwaj, Dr. Suranjan Prasad,          Dr. Rubina Sohail, Dr. Ferdosi Begum,          Dr. Asma Rana, Srilanka Representative.          Moderators: Dr. Narendra Malhotra,          Ms. Pompy Sridhar</p>	FREE PAPERS 66



Lunch & Poster Viewing			
1.00 PM – 2.00 PM	<b>SYMPOSIUM - OGSB Session</b> OGSB in leadership: MMR reduction - Prof. Ferdousi Begum OGSB in combat: COVID-19 - Prof. Gulshan Ara OGSB in advancement: Infertility - Prof. Parveen Fatima OGSB in Quality Improvement: Monitoring & Mentoring - Prof. Farahana Dewan OGSB in Empowerment: Women's Rights - Prof. Rowshan Ara Begum	<b>GUEST LECTURE 31,32,33</b> Male infertility-What every Gynaecologist should know - Dr. Jaydeep Tank Need & feasibility of providing ART Services in Developing countries - Prof. Sudha Prasad Update on PCOS as sociated infertility - Dr. Mala Banik	<b>GUEST LECTURE 34,35,36</b> "Graceful aging" - Professor Shaikh Zinnat Ara Nasreen (Bangladesh) Investing in Adolescent reproductive Health - Dr. Marjia Begum Physical and Psychological issues in Abortion - Dr. Dilruba Ferdous
3.00 PM - 4.00 PM	<b>SYMPOSIUM - AFOG Session</b> "Evidence based SRH care" Bringing evidence into SRH practice - Professor Unnop Jaisamarn - Thailand Contraception in women with medical conditions - Professor Krishnendu Gupta - India Benefits beyond birth control of contraceptive methods - Assistant Professor Susan Logan - Singapore	<b>GUEST LECTURE 37, 38, 39</b> <b>Tips &amp; Tricks for laparoscopic Surgery</b> TLH for large uteri - Dr. Kuiren Joseph Tissue retrieval in Laparoscopy surgery-Dr Rekha Kurien Medical & Surgical Management of Endometriosis - Dr Shyam Desai	<b>SYMPOSIUM - FIGO Session</b> Welcome and Opening Remarks - Dr. Jeanne Conry (virtual) Violence against women and its impact on women's health - Shantha Kumari Violence in conflict situations - Dr Rubina Sohail Respectful care for all women - Dr. Jaideep Malhotra Improving the health and Quality of Life of Women - Dr. Hema Divakar (virtual)General Discussion
4.00 PM - 4.15 PM	Tea Break & Poster Viewing		
4.15 PM - 5.15 PM	<b>SAFOG Oration</b> - "Women's Health - Are We Doing Enough in South Asia" - by Prof Farrukh Zaman		

## DAY 03 | SCIENTIFIC PROGRAMME | 2ND OCTOBER 2022

TIME	HALL - A (LOTUS BALLROOM)	HALL - B (LOTUS BALLROOM)	HALL - C (LOTUS BALLROOM)	HALL - D
7.45 AM - 8.45 AM	FREE PAPERS 78	FREE PAPERS 84	FREE PAPERS 90	FREE PAPERS 96
9.00 AM - 9.30 AM	<b>PLENARY LECTURE 4</b> "Strengthening resolve: "Leading a Global Impact on Reproductive Freedom" - Dr Jeanne Conry : FIGO President (Virtual)			
9.30 AM - 10.00 AM	<b>PLENARY LECTURE 5</b> "Women's rights to safe and affordable health care" - by Prof Sir Sabaratnam Arulkumaran			
10.15 AM - 10.45 AM	<b>DR P DISSANAYAKE ENDOWMENT LECTURE</b> "Iron Deficiency anaemia and preparation for pregnancy. Can we do better" - By Prof. Mary Ann Lumsden Headtable ; Dr Marlene Abeyewardana   Prof Sanath Lanerolle   Dr Chaminda Mathota   Prof Mary Ann Lumsden   Prof Rasika Herath   Prof Rukshan Fernandopulle			
10.45 AM - 11.00 AM	Tea break & Poster Viewing			



11.00 AM - 12.00 PM	<p><b>GUEST LECTURE 40, 41, 42</b> Adolescent Endometriosis in South Asian region- Prof Sameena Chowdry Island nation challenges around maternal &amp; new born care- Dr. Aseel Jaleel SRH: Bangladesh Perspective - Dr. Joysree Saha</p>	<p><b>GUEST LECTURE 43, 44, 45</b> Prenatal Diagnosis - Prof. S H Dodampahala Anaemia in Pregnancy - Prof Chaminda Kandauda Adenomyosis: A challenge to fertility treatment - Dr. S. Raguraman</p>	<p><b>SYMPOSIUM UNICEF Session</b> "Can improvements in maternal nutrition lead to reductions in LBW in Sri Lanka?" Trends in Low birthweight and programmatic approaches to LBW reduction – Dr Sanjeeva S.P.Godakandage, NPM Maternal Care, FHB Evidence on programmatic pathways to address the issue of stagnant LBW; role of maternal nutrition – Dr Abner Daniel, Chief of Health and Nutrition, UNICEF Sri Lanka Role of the obstetrician in LBW reduction – Prof Tiran D Dias Chairpersons; Deputy Representative   (Tentative: Dr. Ananda Ranatunga)</p>	<p><b>GUEST LECTURE 46, 47, 48</b> Electronic Fetal Monitoring- beyond conventional interpretation - Prof Lanka Dasanayaka Early Management of Miscarriages - Dr. Rajiv Vithanage Optimising the outcome SLE - Dr. Punsiri Gunathilaka</p>	<p><b>SYMPOSIUM - FIGO SAFOG Session -</b> "Women's Health in Crisis Situations" Moderator; Dr Asifa Noreen Pakistan floods, Climate change and women in crises - Prof Rubina Sohail Protecting autonomy of Rohingya women in sexual &amp; reproductive health - Prof Samina Chowdhry Devastating effects of Sri Lankan economic crises on vulnerable populations - Prof Sanath Lancrolle</p>
12.00 PM - 1.00 PM	<p><b>GUEST LECTURE 49, 50, 51</b> Outcome assessments in Obstetrics &amp; Gynecology - Dr. Chanil Ekanayaka Ventral suspension, an innovative operation for uterine prolapse in young women - Prof Azizunnisa Abbasi (Video presentation of the procedure) "Adolescent TB future cause of Infertility" - Prof Sangeeta Sharma</p>	<p><b>Gestosis society</b> Clinical Risk assessment for HDP Gestosis - Dr. Girija Wagh Genetics and Gene engineering Focus Gestosis - Dr. Sanjay Gupta Critical care in HDP Gestosis - Dr. Alpesh Gandhi</p>	<p><b>SYMPOSIUM - WHO SESSION</b> "Countdown to 2030: tracking progress towards reaching SDG targets in maternal mortality reduction" Are we on track? Global &amp; Regional targets and actions in reducing maternal mortality- Dr Anoma Jayathilaka Country Progress &amp; Challenges in achieving SDG targets in maternal mortality and Still Births in a Low mortality setting - Sri Lankan perspective - Harindra Dasanayaka/HB, MOH Role of obstetricians in reaching maternal and newborn health targets in a country - Dr Harsha Atapattu</p>	<p><b>SYMPOSIUM - FIGO SAFOG Session -</b> "Women's Health in Crisis Situations" Moderator; Dr Asifa Noreen Pakistan floods, Climate change and women in crises - Prof Rubina Sohail Protecting autonomy of Rohingya women in sexual &amp; reproductive health - Prof Samina Chowdhry Devastating effects of Sri Lankan economic crises on vulnerable populations - Prof Sanath Lancrolle</p>	<p><b>SYMPOSIUM - WHO Session</b> "Accelerating the elimination of cervical cancer as a public health problem: Towards achieving 90-70-90 targets by 2030" Are we on track to deliver 2030 targets? Global targets &amp; Regional actions in reaching 90-70-90 targets by 2030 in post COVID era - Dr Anoma JAYATHILAKA (Virtual) WHO recommendation on screening and treatment of pre cancerous lesions in cervical cancer - Dr. Neerja Bhatla WHO framework for strengthening and scaling-up services for the management of invasive cervical cancer and providing palliative care - Dr. Cherian Varghese Practical constraints on achieving elimination of cervical cancer 90-70-90 targets by 2030: practical implications in a country situation - Dr. Suraj Perera</p>
1.00 PM - 2.00 PM	Lunch & Poster Viewing				
2.00 PM - 3.00 PM	<p><b>SYMPOSIUM - SOGP Session</b> Moderator; Prof Tazeen Abbas "Strategies to reduce MMR in the region" Prevention and management of PPH a leading cause of MMR in the region - Prof. General Shehla Baqai Practices and possibilities of Evidence Based Medicine in Obstetrics and Gynecology - Prof. Shabeen Naz Strategies to prevent and treat placenta in creta, can we save the uterus? - Prof. Arshad Chohan Sociodemographic characteristics and Three Delays of Maternal Mortality - Prof. Rubina Sohail Panelists; Prof Aisha Siddiqua Prof Aisha Malik   Prof Roshan Ara Qazi   Prof Shahida Sheikh   Prof Sadia Pal   Prof Zahida Parveen</p>	<p><b>GUEST LECTURE 52, 53, 54</b> "Challenges in practice" Female urinary incontinence evidence based treatment pathway - Dr. Kajendran Jogarajah Pelvic Floor dysfunction; Impact on quality of life - Dr. J B Sharma Updates of management of Isthmocolle/Caesarean scar defects - Dr Prabhath Jayanga Randombage</p>	<p><b>GUEST LECTURE 55, 56, 57</b> Changing scenario in C-section in Sri Lanka - Dr. Apputhurai Sridharan Robsons TGCS - Prof. Shabanara Chowdhury Triad of PCOS - Dr Champika Gilhan</p>	<p><b>SYMPOSIUM - WHO Session</b> "Accelerating the elimination of cervical cancer as a public health problem: Towards achieving 90-70-90 targets by 2030" Are we on track to deliver 2030 targets? Global targets &amp; Regional actions in reaching 90-70-90 targets by 2030 in post COVID era - Dr Anoma JAYATHILAKA (Virtual) WHO recommendation on screening and treatment of pre cancerous lesions in cervical cancer - Dr. Neerja Bhatla WHO framework for strengthening and scaling-up services for the management of invasive cervical cancer and providing palliative care - Dr. Cherian Varghese Practical constraints on achieving elimination of cervical cancer 90-70-90 targets by 2030: practical implications in a country situation - Dr. Suraj Perera</p>	<p><b>SYMPOSIUM - WHO Session</b> "Accelerating the elimination of cervical cancer as a public health problem: Towards achieving 90-70-90 targets by 2030" Are we on track to deliver 2030 targets? Global targets &amp; Regional actions in reaching 90-70-90 targets by 2030 in post COVID era - Dr Anoma JAYATHILAKA (Virtual) WHO recommendation on screening and treatment of pre cancerous lesions in cervical cancer - Dr. Neerja Bhatla WHO framework for strengthening and scaling-up services for the management of invasive cervical cancer and providing palliative care - Dr. Cherian Varghese Practical constraints on achieving elimination of cervical cancer 90-70-90 targets by 2030: practical implications in a country situation - Dr. Suraj Perera</p>
3.00 PM - 4.00 PM	<p><b>SYMPOSIUM - RANZCOG Session (Virtual)</b> Coordinator on behalf of RANZCOG &amp; SLCOG; Dr Hasthika Ellepola - Dr Benjamin Bopp (President RANZCOG) "The National Preterm Birth Prevention Program in Australia" - Dr. Christoph Lehner</p>	<p><b>Perinatal society</b> Preterm Birth - Current Strategies and way forward - Dr Himali Herath Management of the newborn delivered at threshold of viability - Dr Nimesha Gamhewage Navigating through the crisis with strategic planning to relieve burden of prematurity - Dr Surantha Perera</p>	<p><b>Menopause Society</b> Cardiovascular Health &amp; Menopause - Prof Zinnat Nasreen Prophylactic Oophorectomy - Dr. Harsha Atapattu Prescribing Hormones in Menopause - Dr. Diluk Senadeera</p>	<p><b>SYMPOSIUM - WHO Session</b> "Accelerating the elimination of cervical cancer as a public health problem: Towards achieving 90-70-90 targets by 2030" Are we on track to deliver 2030 targets? Global targets &amp; Regional actions in reaching 90-70-90 targets by 2030 in post COVID era - Dr Anoma JAYATHILAKA (Virtual) WHO recommendation on screening and treatment of pre cancerous lesions in cervical cancer - Dr. Neerja Bhatla WHO framework for strengthening and scaling-up services for the management of invasive cervical cancer and providing palliative care - Dr. Cherian Varghese Practical constraints on achieving elimination of cervical cancer 90-70-90 targets by 2030: practical implications in a country situation - Dr. Suraj Perera</p>	<p><b>SYMPOSIUM - WHO Session</b> "Accelerating the elimination of cervical cancer as a public health problem: Towards achieving 90-70-90 targets by 2030" Are we on track to deliver 2030 targets? Global targets &amp; Regional actions in reaching 90-70-90 targets by 2030 in post COVID era - Dr Anoma JAYATHILAKA (Virtual) WHO recommendation on screening and treatment of pre cancerous lesions in cervical cancer - Dr. Neerja Bhatla WHO framework for strengthening and scaling-up services for the management of invasive cervical cancer and providing palliative care - Dr. Cherian Varghese Practical constraints on achieving elimination of cervical cancer 90-70-90 targets by 2030: practical implications in a country situation - Dr. Suraj Perera</p>
4.00 PM - 4.15 PM	Valedictory & Conclusion				



## FACULTY

### SRI LANKA



Dr. Rohana Haththotuwa



Prof. Sanath Lanerolle



Prof. H.S. Dodampahala



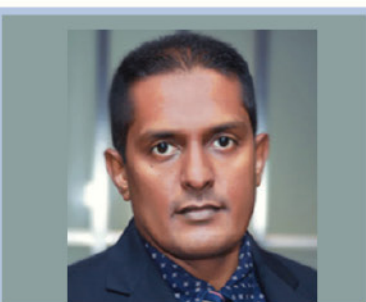
Prof. Pradeep De Silva



Prof. Lanka Dasanayake



Prof. K. Muhunthan



Prof. Tiran Dias



Prof. Chaminda Kandauda



Dr. Sardha Hemapriya



Dr. Apputhurai Sritharan



Dr. Chanil Ekanayake



Dr. Chinthana Hapuarachchi





Dr. U.D.P. Ratnasiri



Dr. Lakshmen Senanayake



Dr. Champika Gihan



Dr. Nethanjali Mapitigama



Dr. Sanjeewa Godakandage



Dr. R.R. Vithanage



Dr. Punsiri Gunathilake



Dr. S. Raguraman



Dr. Kajendran Jogarasah



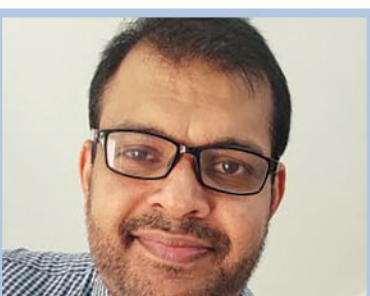
Dr. Prabhath Randombage



Dr. Harsha Atapattu



Dr. Diluk Senadeera



Dr. Harendra Dasanayake



Dr. Surantha Perera



Dr. Nimesha Gamhewage



Dr. Himali Herath

INDIA



Prof. Krishnendu Gupta



Prof. Sangeeta Sharama



Prof. Shantha Kumari



Dr. Jayadeep Malhotra



Dr. Bipin Pandit



Dr. Girija Wagh



Dr. Hema Divakar



Dr. J.B. Sharma



Prof. S.P. Jaiswar





Dr. Rupsa Banerjee



Dr. Jayadeep Tank



Dr. Kawita Bapat



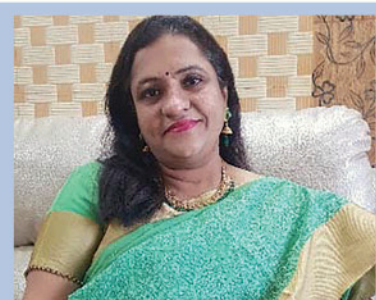
Dr. Kuiren Joseph



Dr. Maduri Patel



Dr. Narendra Malhotra



Dr. Priya Ganesh Kumar



Dr. Rekha Kuiren



Dr. Shyam Desai



Dr. Sanjay Gupte



Dr. Suchitra Pandit



Dr. Sudha Prasad



Dr. T. Ramani Devi



Dr. Hiralal Konar



Dr. Parul Kotdawala

\* Dr. Basab Mukherjee  
\* Dr. Niranjana Chavan

\* Dr. Fessy Louis  
\* Dr. Rakhi Singh

\* Dr. Archana Verma \* Dr. Jyoti Bunglowala  
\* Dr. Rubina Sahail



## BANGLADESH



Prof. Rubina Sohail



Prof. Ferdousi Begum



Prof. Zinnat Ara Nasreen



Prof. Farahana Dewan



Prof. Rowshan Ara Begum



Prof. Laila Arjumand Banu



Prof. Sameena Chowdhury



Prof. Sohana Siddique



Prof. T. A. Chowdhury



Prof. Kohinoor Begum



Prof. Mariam Faruqui



Prof. Mst. Rashida Begum





Prof. Gulshan Ara



Prof. Sehereen Farhad Siddiqua



Prof. Shahanara Chowdhury



Prof. Parveen Fatima



Prof. Syeba Akhter



Dr. Joysree Saha



Dr. Mala Banik



Dr. Sheuli Kamrunnahr

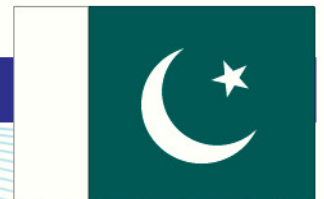


Prof. Fatema Rahman

\* Prof. General Shehla Baqeri  
\* Dr. Monowra Begum

\* Dr. Dilruba Ferdous  
\* Prof. Mahbuba Akter Banu

## PAKISTAN



Prof. Rashid Latif Khan



Prof. Arshad Chohan



Prof. Azizunnisa Abbasi





Prof. Farrukh Zaman



Dr. Ayesha Mailk



Dr. Sadia Ahsan Pal



Prof. Shabeen Naz



Dr. Azra Ahsan



Prof. Lumaan Sheikh



Prof. General Shehla Baqai



Prof. Tazeen Abbas

\* Prof. Soniya Naqvi

\* Dr. Saumya Akter

\* Prof. Yousaf Latif

## MALAYSIA



Dr. Thaneemalai Jeganathan



Dr. Yong Soon Leong



Dr. Zaridah Binti Shaffie

\* Dr. Nina Lau Lee Jing



## MALDIVES



Dr. Aseel Jaleel

## AUSTRALIA



Dr. Benjamin Bopp



Dr. Chistoph Lehner



Dr. Harshika Ellepola

## UNITED KINGDOM



Prof. Mary Ann Lumsden



Prof. Sir Sabaratnam Arulkumaran

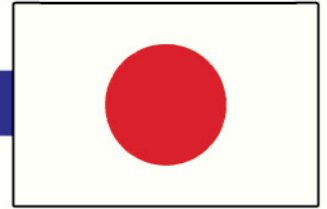


Dr. Edward Morris

\* Prof. Ian Roberts

\* Prof. Sudhin Thayyil

## JAPAN



Prof. Kazunori Ochiai

## SINGAPORE



Asst. Prof. Susan Logan

## THAILAND



Prof. Unnop Jaisamrarn



U.S.A



Dr. Jeane Conry

UNICEF



Mr. Goerge Laryea-Adjei



Dr. Abner Daniel

WHO



Dr. Anoma Jayathilake



Dr. Neerja Bhatla



Dr. Cherian Varghese

\* Dr. Suraj Perera

## ACKNOWLEDGMENTS

*We acknowledge with deep gratitude*

- Our Chief Guest
  - o Prof. Sir Sabaratnam Arulkumaran (Past President – FIGO)
- Guests of Honour
  - o Prof Kazunori Ochiai (Immediate Past President – AOFOG)
  - o Dr. George Laryea-Adjei (Regional Director – UNICEF)
- Special Guest
  - o Dr. Asela Gunawardena (Director General of Health Services)
- FIGO (International Federation of Gynecology and Obstetrics)
- AOFOG (The Asia & Oceania Federation of Obstetrics & Gynaecology)
- FOGSI (The Federation of Obstetric and Gynecological Societies of India)
- OGSB (The Obstetrical and Gynaecological Society of Bangladesh)
- OGSM (Obstetrical And Gynaecological Society Of Malaysia)
- RANZCOG (Royal Australian and New Zealand College of Obstetricians and Gynaecologists)
- RCOG (Royal College of Obstetricians and Gynaecologists)
- SOGP (The Society of Obstetricians & Gynecologists of Pakistan)
- SAFOG Maternal & Perinatal Health committee
- World Gestosis Society
- MANYATA - A FOGSI initiative
- Menopause society of Sri Lanka
- Perinatal Society of Sri lanka
- UNFPA (United Nations Population Fund)
- UNICEF (United Nations Children's Fund)
- WHO - World Health Organization
- FHB (Family Health Bureau)





### *Special Acknowledgements:*

- All our sponsors
- Mr. Dushan Wijeratne and the staff of Shangrila Hotel Colombo
- Staff of Surgical training laboratory National Hospital, Sri Lanka – Colombo
- Staff of University Hospital KDU – Theatre Complex
- Staff of New Town Hall Auditorium, Green Park
- Staff of Durdans Hospital – Auditorium
- Staff of Lanka Hospital - Auditorium
- Mrs. Eroshini Samarasinghe – Event Coordinator – “AV Productions”
- Mr. Ranga Wijerathne – Travel Agent – “Classic Lanka Travels”
- Compere - Mr. Dushan Vas
- Cultural Event by Ranga Gamage dance group
- Music by –
  - o Summer Breeze Musical band
  - o Dinesh Subasinghe Musical band
- Mr. Jayantha from “Webmart”
- Mr. Pushpakumara and the team from “Lakcom printers”
- ***Abstract Editorial Committee***
  - o Dr. Ehamparam Ukesan
  - o Dr. Sachin Colambage
  - o Dr. Yasara Wickramasinghe
- ***Session coordinators***
  - o Dr. Ukesan Ehamparam
  - o Dr. Yasara Wickramasinghe
  - o Dr. Yasara Danthanarayana
  - o Dr. Sachin Colambage
  - o Dr. Visal Wijenayake
  - o Dr. Dakshina Dharmawijaya
- ***Hall Coordinators***
  - o Dr. Chamasha Dissanayake
  - o Dr. Chanuka Dissanayake
  - o Dr. Uvindu Indrarathne
  - o Dr. Achintha Tharaka
  - o Dr. Punkalani Liyanage
  - o Dr. Supun Nishakara
  - o Dr. Ruchini Jayathilaka
  - o Dr. Ravini Dissanayake
  - o Dr. Sudara Palgama
- Ms. Piumi Nayakarathna (Research Assistant)
- Mrs. Harshinee Morawaka (Administrative Secretary)
- Ms. Piumi Wimalaweera (Account Assistant)
- Mr. Samararathna, Mr. Ananda and the rest of the staff of SLCOG



## OUR SPONSORS

### Main Sponsors

- |                           |                                      |                |
|---------------------------|--------------------------------------|----------------|
| o Osvik International     | o Zifam/Grace Biogen/Hi-Care/ ALARIS |                |
| o Ceyoka Health (pvt) Ltd | o George Steuart Health              | o CIC Holdings |
| o Seven Seas UK Ltd       | o Leo Pharma                         |                |

### Trade Stall

- |   |                               |                  |
|---|-------------------------------|------------------|
| o Glenmark                                | o Hilton Pharma               |                  |
| o P & G Health Emerchemie NB (Ceylon) Ltd |                               |                  |
| o Viatris                                 | o Mankind Pharma              | o Sun Pharma     |
| o C/o Hemas Pharmaceuticals               | o Surgion Surgical Pvt Ltd    | o Kalbe Pharma   |
| o Astron                                  | o Man H Man                   | o GSK- Vaccines  |
| o Natures Only                            | o Truvic                      | o Fonterra       |
| o Population Service Lanka                | o Emarpharma                  | o Morisons       |
| o Prime Lands - The Grand                 | o Medtronic Covidian          | o Technomedics   |
| o Signutra                                | o Lanka Hospital              | o Hemas Hospital |
| o Bayer                                   | o A.Baurs - Apex Laboratories | o Chathum House  |
| o A.Baurs - Norvartis Pharma              |                               |                  |

### Other

- |                                  |                              |                         |
|----------------------------------|------------------------------|-------------------------|
| o FPA                            | o UNFPA                      | o Convention Bureau     |
| o UNICEF                         | o WHO                        | o B Braun               |
| o Morison                        | o ABC Pharma                 | o Ninewells             |
| o Jhonso & Jhonson               | o Mevysons                   | o Pyramid International |
| o Mega Lifesciences (PVT) Ltd    | o Durdans Hospital (PVT) Ltd |                         |
| o Sunpharma (PVT) Ltd            | o Mega Life Sciences         |                         |
| o Principle Healthcare (PVT) Ltd |                              |                         |
| o Zydus - Cadila                 |                              |                         |



 **principle**<sup>®</sup>

*With  
Best Compliments  
From*

 **principle**<sup>®</sup>  
HEALTHCARE UK

### VITRITE-Plus

A comprehensive multivitamin formula  
for pre-conception and pregnancy

### CalMax

With Calcium, Magnesium  
& Vitamin D

### FERite

Iron with Vitamin C, B12,  
Folic Acid,  
Magnesium & Copper

### MegaMax

High Strength Omega 3  
1000mg  
Pure Fish Oil



**Manufactured  
in the U.K.**

Principle Healthcare International Limited  
Airedale Business Centre, Millennium Road,  
Skipton, BD23 2TZ United Kingdom.

[www.principlevitamins.com](http://www.principlevitamins.com)



## IT TAKES TRUST TO ADVANCE TOGETHER

### Surgical Energy

Delivering next generation energy technology to meet the surgical challenges of today, and tomorrow.



Valleylab™ FX8 energy platform



LigaSure™ vessel sealing



Valleylab™ LS10



Valleylab™ FT10 Energy Platform



Force TriVerse™  
electrosurgical device

**For more information contact your  
Medtronic sales representative**

Photo credit: Getty Images

© 2021 Medtronic. All rights reserved. US-SE-2100139

[medtronic.com/surgicalenergy](https://www.medtronic.com/surgicalenergy)

# Medtronic

Engineering the extraordinary



With best compliments from

# HEMAS HOSPITALS

By your side



**HEMAS  
HOSPITALS**  
[www.hemashospitals.com](http://www.hemashospitals.com)

**Hemas Hospital - Wattala**  
389, Negombo Road, Wattala.  
**Tel 0117- 888 888**  
E-mail: [info@hemashospitals.com](mailto:info@hemashospitals.com)  
Web: [www.hemashospitals.com](http://www.hemashospitals.com)

**Hemas Hospital - Thalawathugoda**  
647, Pannipitiya Road, Thalawathugoda, Sri Lanka  
**Tel 0117- 888 888**  
E-mail: [capital@hemashospitals.com](mailto:capital@hemashospitals.com)  
Web: [www.hemashospitals.com](http://www.hemashospitals.com)





# PULSE<sup>®</sup>

## TRIOMEGA<sup>®</sup>

HIGH STRENGTH CONCENTRATED FISH OIL

### Nutrition Information

Average Values	Per 2 capsules	%RDA
Pure fish oil	1200mg	*
Providing Omega-3 nutrients	600mg	*
Of which EPA & DHA	520mg	*
Vitamin E	4mg α-TE	33

RDA = EC recommended daily allowance \* = RDA not established

### Recommended daily intake:

One or two capsules a day with a cold drink or as directed by the physician.



60  
CAPSULES

SEVEN  
SEAS<sup>®</sup>

For the use of a registered Medical Practitioner or a Hospital or a Laboratory only



*With Best Compliments from,*



**OBIMIN**  
ONE-A-DAY  
PRE-AND POST-NATAL FORMULA

**OBIMIN**  
Multivitamin  
For pregnant and breastfeeding women

FOR PREGNANT & NURSING MOM'S

**LactoDHA** Softgels  
Vegetarian Omega3 Fatty acids with Vitamin D

The Safe Foundation For  
A Healthy Pregnancy



No fish oil 100% Vegetarian

**Caltamin-D**  
Calcium Supplement



**NO**  
SUGAR  
SALT  
LACTOSE  
PRESERVATIVES

**Caltamin 600+D**  
Calcium with vitamin D tablets USP  
CALCIUM SUPPLEMENT  
With Vitamin D3

**Caltamin 600+D**  
Calcium with vitamin D tablets USP  
CALCIUM SUPPLEMENT  
With Vitamin D3

*Intimate Health*  
Nabiqasim / Gynaecology



LIVE WHAT YOU LOVE  
**VAGIBACT**  
Clindamycin phosphate



Imported and Marketed by:  
**GEORGE STEUART HEALTH PVT LTD,**  
No 7E, Post Masters Place, Off Templers Road, Mount Lavinia, Sri Lanka.  
T: 011 4202800-9 F: 11 4202804, 2733121 E: info@gshealth.lk

**George Steuart**  
HEALTH

[www.gshealth.lk](http://www.gshealth.lk)

LIVE WELL



IF IT'S ORALLY EFFECTIVE, IT'S<sup>i</sup>

**Duphaston**<sup>®</sup>

Dydrogesterone Tablet IP 10mg

BACKED BY **EVIDENCE**

**40 mg**  
**STAT**

followed by  
20/30 mg  
per day until  
symptoms remit

[illegible]

 **Femoston**®  
estradiol/dydrogesterone

Helps women to make A happy  
transition through  
menopause

[illegible]

Images shown are not of actual patients and are for representational purpose only.



**CIC** | Health & Personal Care

For full prescribing information please contact:  
**CIC Holdings PLC**  
"CIC House", 199, Kew Road, Colombo 02, Sri Lanka.  
Tel: +94 112 359 359 Fax: +94 112 327 132  
Web: [www.cic.lk](http://www.cic.lk)



*Best compliments from.....*



At every **stage** in Pregnancy

# Vivamom™

Maternal Nutrition Supplement


Provides **better**  
**Pregnancy experience**

**Choice of**  
**2 Delicious Flavours**

Available in  
**200g & 400g**

**Signutra**  
USA





Highest protein

DHA

Most Documented Probiotics

Low sugar

Low fat

For Pre Conception Care...

## Folinz-1

Folic Acid 1 mg, Zinc Sulphate Monohydrate 20 mg Tablets

**Ensures Well Conceived Babies**

**Zinc** is absolutely required for normal embryonic development and fetal growth\*

\*Harrison's Principles of Internal Medicine, 18th Edition, p.1604


Anemia during Pregnancy & Lactation

## Zincofer


**Protects the Mother  
Protects the Fetus**



**Burs**  
Established 1957




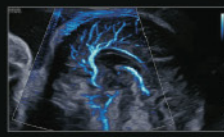
**Zincovit**  
apex  
www.zincovit.com



**SAMSUNG**

## Pursuit of excellence HERA W9

The HERA W9 combines ergonomic design with superior imaging technology and produces realistic, high-resolution images with exceptional accuracy.



**Each story one SAUGELLA**

**Saugella meets women's intimate care needs**

**Gynecologists are important in supporting women's intimate care needs**

**Saugella is committed to support women to maintain and, when needed, help restore their intimate wellbeing with its range of products**

**Daily care** – based on respecting life stages

Adult women (Fertile age)

**Intimate cleanser for your daily well being**

**Extra care** – issue triggered

**SAUGELLA**  
In case of dryness and sensitivity

**SAUGELLA**  
In the presence of infection, dryness and drug treatment

**Intimate cleansers to help rebalance & protect**

**Recommend the appropriate Saugella product to women to meet their intimate care needs, including those at risk of infection**

Marketed and Distributed by **Baurs** **A. Baurs & Co. (Pvt.) Ltd.**  
42, Jethurama Road, Colombo 14  
Tel : 0114-726770

**VIATRIS**

**Cervical cancer prevention**

**What every woman needs to know**

**150 types of HPV2**  
There are over 150 types of HPV2

**14 types of Human Papillomavirus (HPV)**  
are known to cause most cases of cervical cancer.

**HPV 16 & 18**  
are the highest risk types

**70%**  
accounted for more than 70% of all cervical cancer.<sup>14</sup>

**HPV screening is an important part of prevention.**

The **cobas®** HPV test for use on the **cobas®** 6800/8800 Systems delivers reliable, clinically validated assay performance for automated, cervical cancer screening and received FDA approval in 2020. Clinical evidence behind the **cobas®** HPV test is based on a large, prospective clinical study evaluating the performance of the **cobas®** HPV test for identifying high-grade cervical disease (CIN2, CIN3, cervical cancer or adenocarcinoma in situ [AIS]) among consenting women 25–65 years old undergoing routine cervical cancer screening.

**528,000**  
(new cases diagnosed)

**266,000**  
(attributable to HPV2 cervical cancer)

**highly preventable.**

**12 pooled HPV**

31	33	35	39	45	51	56	58	66	68
----	----	----	----	----	----	----	----	----	----

**HPV 18**

**Women should not have to die from cervical cancer.**

Each year there are:

**Morison Limited**  
"Hemas House" No. 75, Braybrooke Place,  
Colombo 2, Sri Lanka  
Office : +94 112904222  
Email : [diagnostics@morison.lk](mailto:diagnostics@morison.lk)  
Web : [www.morison.lk](http://www.morison.lk)  
Fax : +94 112915378

73



**PediaPro<sup>TM</sup> Mama**

✓ Contains Omega 3 Fatty acids  
✓ Enriched with Folic acid  
✓ Enriched with Zinc

**Fortified Milk Powder For Pregnant & Lactating Mothers**

NET WEIGHT 400g

Maximum Retail Price Rs. 1800/400g

*Best Compliments from...*



**Pregnacare<sup>TM</sup>**  
Pregnancy Specific Multivitamin & Mineral Capsule

**Ovron<sup>TM</sup>**  
Multivitamin with IRON, IODINE & FOLIC ACID

**Dumasules<sup>®</sup>**  
Iron, Vitamin B Complex  
Vitamin C & Folic Acid



QUALITY  
HEALTHCARE

TRUSTED  
EXCELLENCE

GLOBAL  
STANDARDS





**40 YEARS<sup>1</sup>**  
**AUGMENTIN**  
Authentic Innovation

**gsk**

Using quality-assured antibiotics improves treatment success and reduces the risk of developing antibiotic resistance<sup>2</sup>

**AUGMENTIN**  
Amoxicillin + clavulanic acid

Optimal care depends on quality medicines<sup>2,3</sup>

**40 YEARS** Effectively treating CA-RTIs<sup>2,16</sup>

Highly controlled production, from sourcing ingredients to delivery<sup>3,9</sup>

Consistency you can count on

#### AUGMENTIN Safety Information<sup>16-21</sup>

- Contraindicated in patients with known hypersensitivity to  $\beta$ -lactam antibiotics (penicillins & cephalosporins).
- Gastrointestinal disturbances are common.
- Prolonged use may result in overgrowth of non-susceptible organisms.

Please refer to the full prescribing information for further details.

#### Abbreviated prescribing information



#### CA-ART: Community-Acquired Respiratory Tract Infection

Full prescribing information is available upon request.

1. European Medicines Agency. Augmentin - Notice 30 - Annex 1. [Internet]. November 2013 [cited November 15, 2020]. Available from: [https://www.ema.europa.eu/en/documents/variation/augmentin-notice-30-annex-1\\_en.pdf](https://www.ema.europa.eu/en/documents/variation/augmentin-notice-30-annex-1_en.pdf).

2. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

3. European Medicines Agency. Augmentin - Notice 30 - Annex 1. [Internet]. November 2013 [cited November 15, 2020]. Available from: [https://www.ema.europa.eu/en/documents/variation/augmentin-notice-30-annex-1\\_en.pdf](https://www.ema.europa.eu/en/documents/variation/augmentin-notice-30-annex-1_en.pdf).

4. European Medicines Agency. Augmentin - Notice 30 - Annex 1. [Internet]. November 2013 [cited November 15, 2020]. Available from: [https://www.ema.europa.eu/en/documents/variation/augmentin-notice-30-annex-1\\_en.pdf](https://www.ema.europa.eu/en/documents/variation/augmentin-notice-30-annex-1_en.pdf).

5. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

6. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

7. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

8. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

9. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

10. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

11. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

12. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

13. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

14. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

15. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

16. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

17. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

18. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

19. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

20. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

21. American Society for Infectious Diseases. What does medicine really have to do with 17? [Internet]. Available from: <https://www.asid.org/what-does-medicine-really-have-to-do-with-17>.

**AUGMENTIN**  
Amoxicillin + clavulanic acid

**SRI LANKA**  
CONVENTION BUREAU

**#visit Sri Lanka**  
#VisitSri Lanka

THE MEETING  
DESTINATION  
BURSTING WITH  
POSSIBILITIES



For your next business event, tag Sri Lanka – the latest destination in the South Asian region. This enchanting island in the trade routes between east and west offers great venues and state-of-the-art facilities. It is a growing business hub with unique and authentic travel experiences.

**Meet in Sri Lanka**

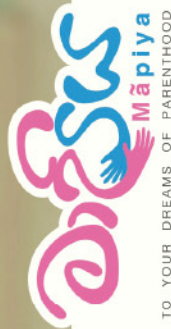
<https://meetinsrilanka.com/>  
<https://www.facebook.com/SriLankaConventionBureau>







Chatham House (Pvt) Ltd.



The Lanka Hospitals "Maapiya" plan offers a range of services especially for those who are preparing for their journey as parents.

- Convenient and dedicated facility for OPD channeling
  - Pre pregnancy and post pregnancy clinics
  - Ultrasound scan (Fetal medicine/Anomaly scan)
  - Fertility Center Services to treat sub fertility and related issues
  - Antenatal Screening programme
  - Nutritional Assessment
  - Birthing Center
  - Physiotherapy (antenatal and postnatal)
  - Lactation management center
  - Neonatal intensive care unit (NICU) with latest facilities
  - New born hearing screening
  - Special mother & baby care ward
  - New born baby screening for critical congenital heart diseases and congenital hypothyroidism
  - Vaccination & Immunization
- There's more to our services**
- Counselling services for newly married couples
  - Free educational programs for expectant mothers
- Moreover, this value-added service also includes,**
- Children savings account with an initial deposit
  - Video on your journey of pregnancy at Lanka Hospitals
  - Free photograph of family and the baby
  - 24x7 Doc helpline
  - Attractive discounts for vaccinations until the baby reaches 5 years of age

**DOCHHELP** 0117 145 145



The Lanka Hospitals Corporation PLC (PO 180)  
578, Elvitigala Mawatha, Maradenipita, Colombo 5, Sri Lanka.  
General: +94 (0) 11 5430000, +94 (0) 11 5530000 | Web: www.lankahospitals.com



**LANKA HOSPITALS**  
general services • consulting • diagnostics • specialist services



Best compliment from



Sri Lanka's fastest growing pharmaceutical and healthcare products supply and distribution company with an ever growing global reach, achieved through the unwavering strength built over a decade of experience.



WWW.TRUVICLANKA.COM

**HEAD OFFICE - SRI LANKA**  
147/ SD, 3rd Lane, Preja Shalawa Road,  
Sri Lanka  
Tel: +94 115 344 468  
Fax: +94 115 344 800  
Email: info@truviclanka.com

**CAMBODIA OFFICE**  
No.443, St. 464, Sk. Toul Tom Pong 1  
Phnom Penh, Phnom Penh  
Cambodia  
Tel: +855 96 494 9418  
Tel: +855 97 277 7010  
Email: info@truviclanka.com



*With the best compliments from*



**SURGION SURGICAL (PRIVATE) LIMITED**

#81/43, 8th Lane, I. Jothipala Mawatha, Malabe, Sri Lanka  
T : +94112 412 333 F : +94112 413 377, www.surgionsurgicals.com



**THE GRAND**  
WARD PLACE  
COLUMBO 07

**Now NEARING COMPLETION**

\*Condition Apply

0702 777 777

LIMITED TIME OPPORTUNITY  
LIMITED NUMBER OF RESIDENCES AVAILABLE



89<sup>MIN</sup> UPWARDS

SCHEDULE A PRIVATE

VISIT TODAY

# Polybion<sup>®</sup> Syrup

B-Complex syrup with the advantage

**SUGAR FREE**

## Nutritional Supplementation

- Beneficial for the prevention of infections
- Reverses immune dysfunction associated with advanced age
- Helps in relieving constipation

Just once a day

# Anemidox<sup>®</sup>

A hematonic that offers beyond just iron

Ferrous Fumarate  
highly bioavailable  
and rapidly absorbed







# Miracles DO HAPPEN



10,500+  
IVF cases



Highest  
success rate  
in Sri Lanka



18+  
Years of  
Experience



Expertise in  
handling  
complex cases



071 035 0188

No. 55/1, Kirimandala Mawatha, Narahenpita,  
Colombo 05, Sri Lanka

Tel: + 94 11 204 9999

E-mail: infoivf@ninewellshospital.lk web: www.ninewellshospital.lk



**PRODIGY**  
diabetes care

**earnnet**  
hearing systems

**EMAR PHARMA (PVT) LTD**

🏠 No:23, Anderson Road, Kalubowila, Dehiwala

☎ +94 11 2 810913/4 🏢 +94 11 2 768475

Imported & Marketed by  
 **emar**  
service for health

with best compliments from

**POPULATION  
SERVICES LANKA**  
*Empowering Choice*

**Casanova<sup>®</sup> 5%**  
With Benzocaine

සත්ව

**ROMANTIC<sup>®</sup>**  
LOVE RUBBER  
Romantic Worldwide Family Planning

**EMCON<sup>®</sup>**  
levonorgestrel 0.75 mg BP

**EMCON<sup>®</sup> 1**  
Levonorgestrel Tablet BP 1.5mg

**feminyl**  
ORAL CONTRACEPTIVE PILLS

 **CUPID<sup>®</sup>**  
LUBRICANT  
WATER BASED

MICRONIZED NATURAL PROGESTERONE - SUN

**Susten** 

Sustains Pregnancy, *Nurtures Her Dream*

**Dronis**

Drospirenone 3 mg + Ethinyl Estradiol 0.02 mg Tablets

*The Confident Choice for a Confident Tomorrow*

No.1 GnRHa in its class

LEUPROLIDE ACETATE DEPOT INJ. - SUN

**LUPRIDE DEPOT**

Rectifies the problem of Endometriosis & Uterine Fibroids

  
**SUN  
PHARMA**

Non-steroidal aromatase inhibitor  
LETROZOLE - SUN  
**Letroz**

The new perspective in ovulation induction

**Delsia**

Drospirenone 3 mg + Ethinyl Estradiol 0.03 mg Tablets

*The Confident Choice for a Confident Tomorrow*

CABERGOLINE - SUN

**Caberlin** 

*Lowers prolactin effectively*

Sri Lanka Offices: #12, Glen Aber Avenue, Colombo 3. Tel: 011 4766666  
#60, Malignawatte Road, Colombo 10. Tel: 011 2694864



## B|BRAUN SHARING EXPERTISE

Not everybody can work as a surgeon. A significant problem-solving capacity, resistance, in addition to great commitment are required.

This profession demands sacrifices from all its professionals. Hence, we, B. Braun Lanka wish All the Best to 55<sup>th</sup> Annual Congress of the College of Obstetricians & Gynecologists .....



Contact us to have quality products with superior service

Rasika Abeydeera : +94777795949

rasika.abeydeera@bbraun.com

B. Braun Lanka (Pvt) Ltd.

HNB Towers,

Level 11, No. 479, T. B. Jayah Mawatha,

Colombo 10, Sri Lanka

Annesley Pigera : +94777 232463

annesley.pigera@bbraun.com

0112667566



<https://www.linkedin.com/company/bbraun-group/>



<https://www.facebook.com/bbraunlk/>

*With best Compliments from*

# - A Well Wisher -

# Best Compliments



**Natocare**  
DHA + Folic Acid + Iodine



**Ozical**  
Milk Calcium with Vitamin D3



Hicare Pharma (Pvt) Ltd

**Fecare**  
Iron Capsules with Vitamins & Minerals



**CALCARE**  
Calcium with Vitamin D3 Tablets

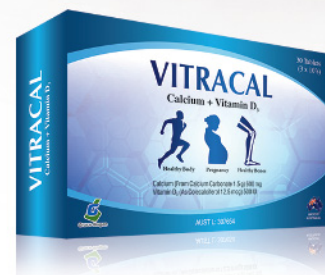


Grace Biogen  
Sydney, Australia

**VITRA Mama**  
Healthy Mom, Healthy Baby  
Vitamins + Minerals + DHA



**VITRACAL**  
Calcium 600mg + Vitamin D3 500iu







**Osvik International (Pvt) Limited**



**ClearView®**  
Uterine Manipulator



**TOT**  
Tension - free Obturator Tape

**SurgiTractor®**  
Wound Retractor / Protector

**Osvik International (Pvt) Limited**

# No. 229A, Borella Road, Pannipitiya, SRI LANKA

E - mail : [info@osvik.lk](mailto:info@osvik.lk) Web site : [www.osvik.lk](http://www.osvik.lk)

Telephone : +94 775 955988

+94 718 499233

Fax

+94 112 841565